Distal Pedicle Screw Migration in Growing Rods. Does it really happen?

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> ICEOS November 2009 Istanbul

Background

- <u>Pedicle screw:</u> "Inferior Drift", "Distal Migration", "Downward Displacement".
- <u>Pedicle:</u> "Elongation", "Shift".
 Are different terms trying to describe a change of position in relation to the vertebral body with growth

Explanation?!:

- Biological plasticity
- Growth remodeling
- Implant failure

Mechanical Background

Distal pedicle screws in the growing rods are subjected to:

1. Forces transmitted via the rod with each lengthening.

2. Continuous vertebral growth during the treatment period (pedicle remodeling...).

These 2 forces interact leading to change in the position of the screw in relation to the corresponding vertebral body.

Material & Methods

- 23 cases of EOS
- Different etiologies
- Single rod
- Proximal hooks and distal screws constructs
- Serial distraction every 6 months

Material & Methods

- Retrospective Radiographic Review
- Age at index 6y 4m (4y 2m to 8y 9m)
- No. of Distractions 6 (4-11)
- Post index and latest F Up Xrays

Radiographic Prerequisites

- True Lateral View with the end plates as single line.
- Optimal initial position of the screws within the pedicle (AP and Lat)

Measurement RATIO



Upper end plate to Superior border of the screw = SS Lower end plate to Inferior surface of the screw = IS Post index ratio of SS / IS % Last F Up ratio of SS / IS % Increase % = more caudal position of the screw.

Any increase of less than 10% between post index and last F Up was considered insignificant (trying to account for any radiographic and measurement inaccuracy)

Results

- Seven cases were excluded: Radiographic pitfalls 5
 Initial non optimal position of the screw 2
- Six cases had less than 10% changes and were considered insignificant.
- Ten cases more than 10% changes 5 between 10 and 50% 3 between 50 and 100% 2 more than 100 %







A / B = 0.22

A / B = 0.42

91%





A / B = 0.32



A/B=1



Case 3





A / B = 0.77A' / B' = 1.1 A / B = 2A' / B' = 1.5

159% 36%











Conclusion

- "Distal Screw Migration" in single growing rods do exist with a significant incidence and degree of displacement.
- Apart from radiographic screw loosening and weakening of distal fixation there were no adverse outcome directly related to screw migration.

Conclusion

Apparently there are 2 types of distal screw migration:

<u>Type 1:</u> Within the pedicle with pedicle elongation or displacement.

<u>Type 2:</u> Through and distal (outside) to the pedicle.

Thank You