

# Syndromic Spine Deformity

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Alfred I. duPont Hospital for Children

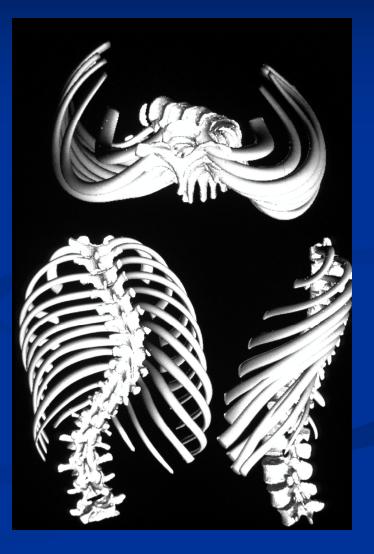
Nemours Children's Clinic

#### My Disclosures

DePuy Spine, Inc.
Research support, Consultant, Royalties
K Spine, Inc.
Consultant
Axial Biotech, Inc.
Research support

#### **Idiopathic Scoliosis**

Anterior overgrowth vs Posterior tether Buckling of column Crankshaft-like effect w/ rotation Heuter-Volkman changes



#### Syndromic Scoliosis

- Osteoporotic boneStiff curves
- Congenital elements
- Braces don't work
- Bleeds more
- Poor signals
- Medically complex
- Pulmonary disease / TIS
- Frail
- Nutritionally depleted



#### Systematic Approach

- Establish diagnosis of specific syndrome and become familiar with it
  - Specific co-morbidities, risks, predilections
  - Orthopaedic and other medical manifestations of syndrome
- Dysmorphic child with "undiagnosed syndrome" – consider re-evaluation by geneticist
   Impossible to make specific preparations

#### Syndromic Early Onset Scoliosis

#### Marfan

- Gene encoding fibrillin-1 (15)
- Autosomal dominant
- 25% incidence of spont mutations

#### Larsen

- AD, some sporadic
- Arthrogryposis
  - Heterogeneous, sporadic
- Neurofibromatosis 1
- Goldenhaar







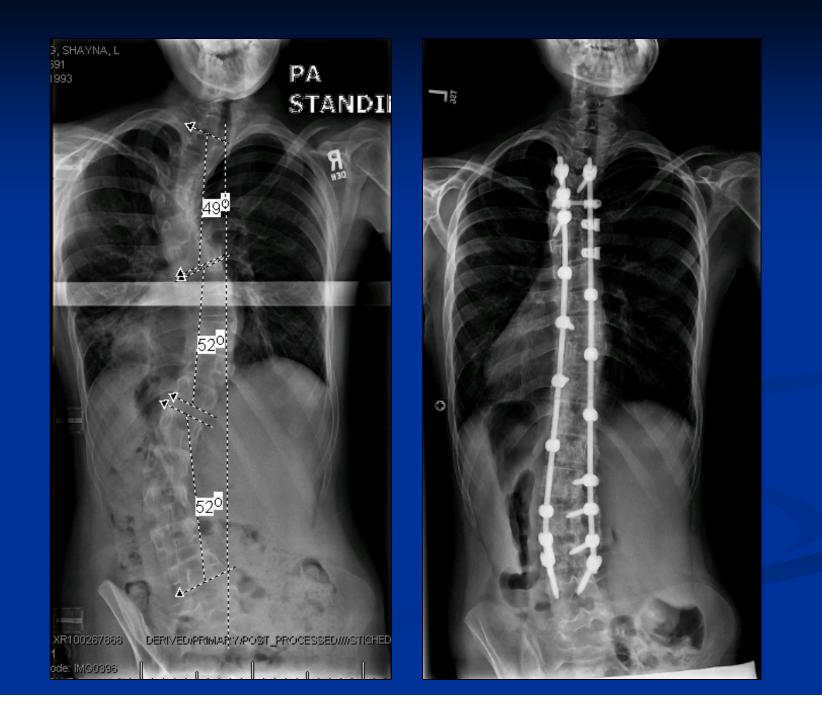
#### Systematic Approach

Preoperative workup ■ PA, lat, bending X-rays ■ MRI of the entire spine (and head when indicated) CT of the spine and chest Congenital anomalies – hemivertebra, bars, occult bifidas, ■ 3D reconstructions Lung volumes, rib anomalies, TIS Examine neck, hips, knees, feet Consultations from medical specialists – should be a partnership

#### Systematic Approach

Family Conference – discuss expectations, plan and complications
...and document it!
Operating Room

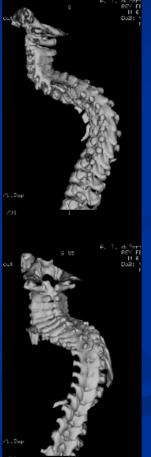
- Assemble your "A" team
- Prepare for excessive bleeding IV access, blood products, warmers, antifibrinolytics
- Instrumentation concerns inventory, special implants, poor bone bail outs (old school)
- Monitoring



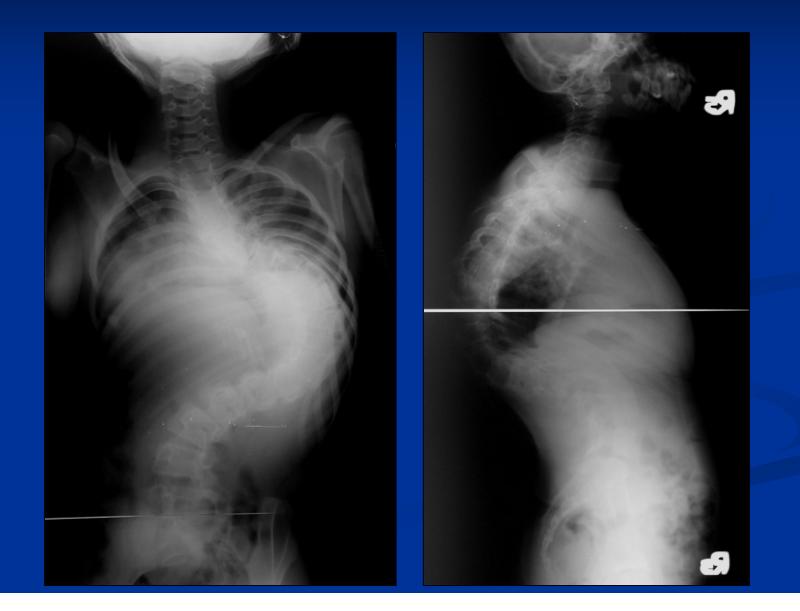
#### Classification

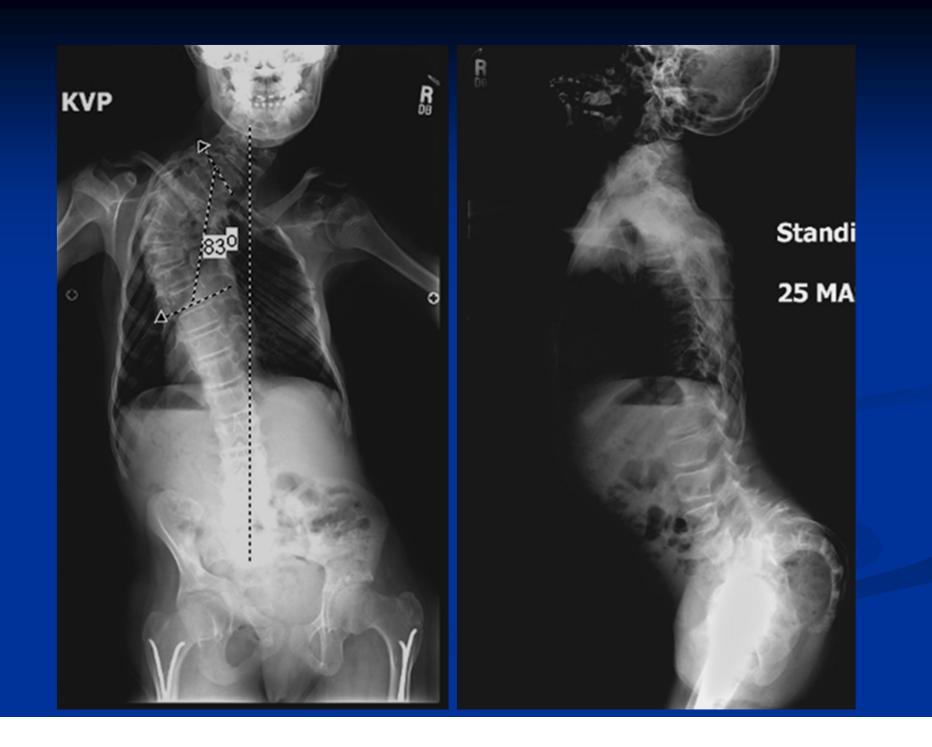
Bone Dysplasia
Connective Tissue
Neurological
Mixed



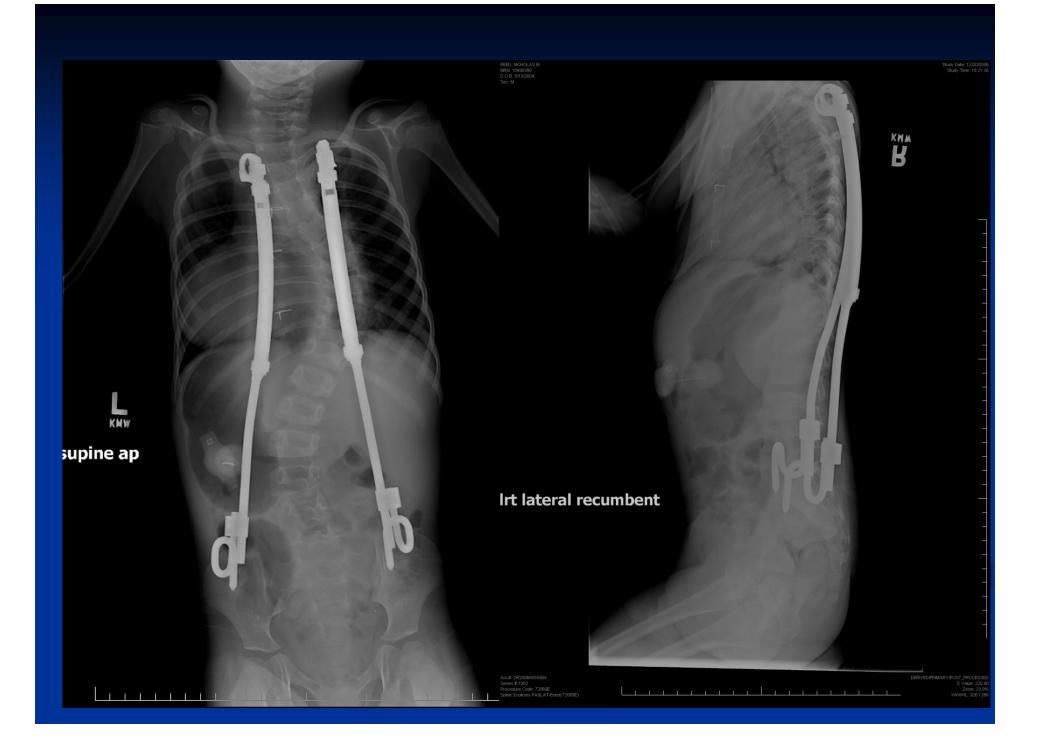


## Severe Kyphoscoliosis











# Syndromes associated with small thorax and stiff curves

- Arthrogryposis\*
- Camptomelic dysplasia
- Cerebro-costo-mandibular \*
- Chondroectodermal dysplasia
- Cleido-cranial dysostosis\*
- Infantile hypophosphatasia\*
- Jarcho-Levin
- Jeune thoracic dysplasia

- Metatropic dysplasia \*
- Trisomy 8, 9 or mosaics
- Achondroplasia
- Diastrophic dysplasia \*
- Osteogenesis imperfecta
- Oto-palatal-digital
- Pseudoachondroplasia
- Chondrometaphyseal dysplasia
- \* scoliosis frequently associated

Courtesy of Charles Johnston MD

#### Congenital Scoliosis & Arthrogryposis



Age 7 years

# Metatropic Dysplasia



#### Growing Spine in Syndromic Deformity



AP ERECT WITH HALO IN TRACTION 15 LB. TRACTION WEIGHT

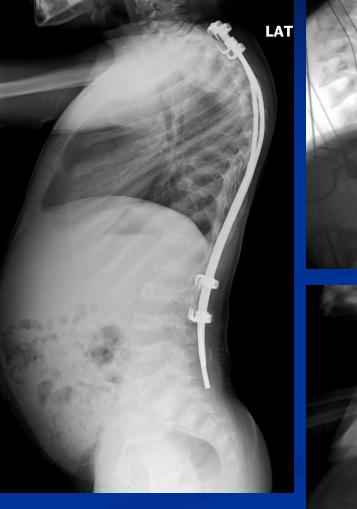


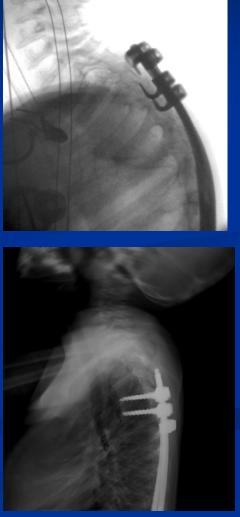
#### RIGHT LATERAL ERECT WITH HALO IN TRACTION 15 LB. TRACTION WEIGHT



- **SEMD-** 2 1/2 yo
- Severe kyphoscoliosis
  - Previous posterior fusion at apex w/o immobilization ~ 1 yo
- Halo traction X 6 weeks

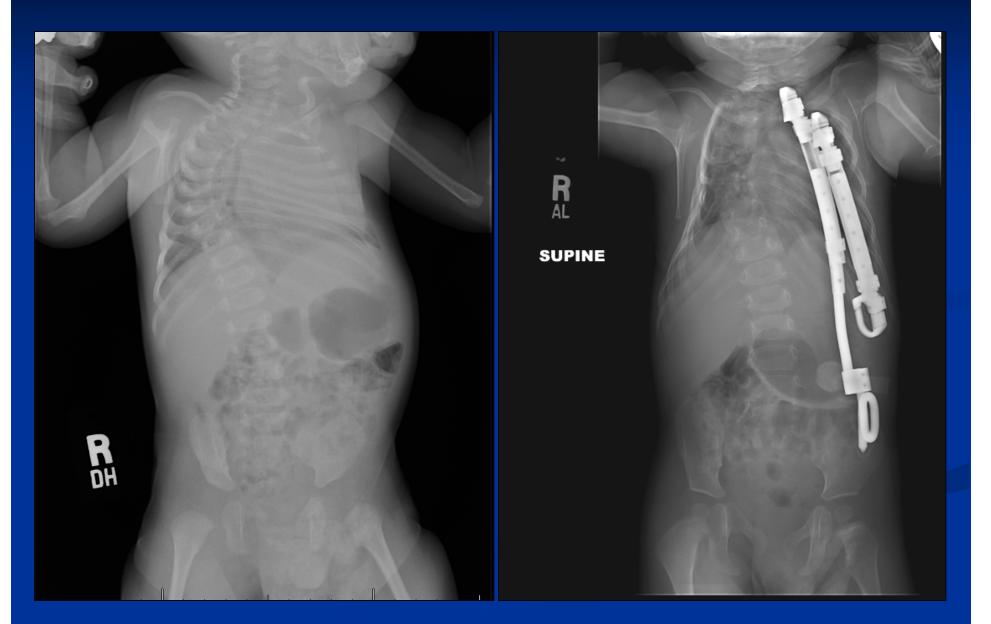






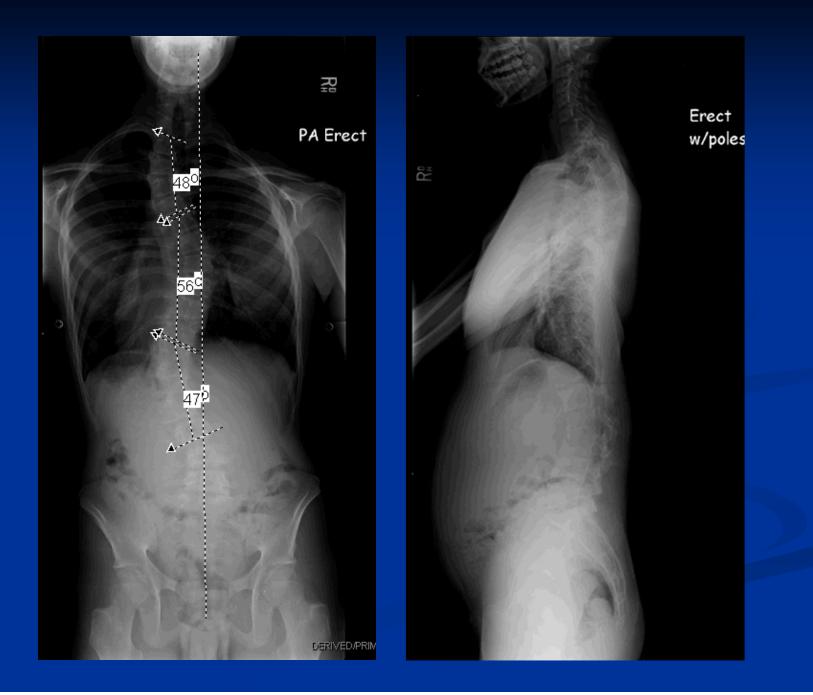
Different anchor choices have their merits/disadvantages





# Syndromes associated with sagittal plane reversal

- Abnormal ligamentous laxity, hypotonia
- Possible vascular fragility
- Marfan
- Beals
- Ehlers-Danlos
- Larsen (no vascular fragility)



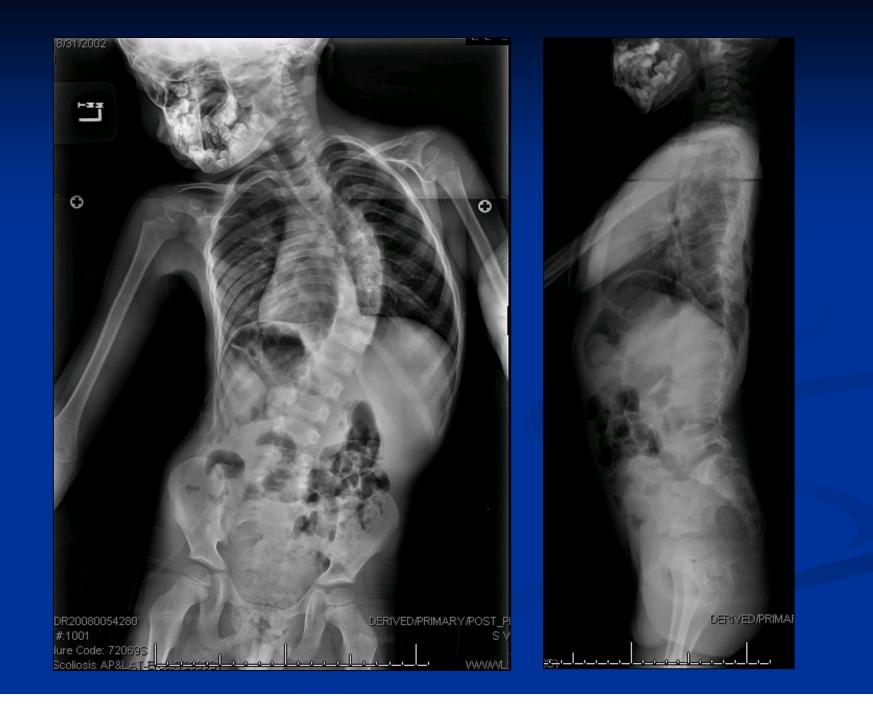


CTD : "Can't go wrong if you fuse long"

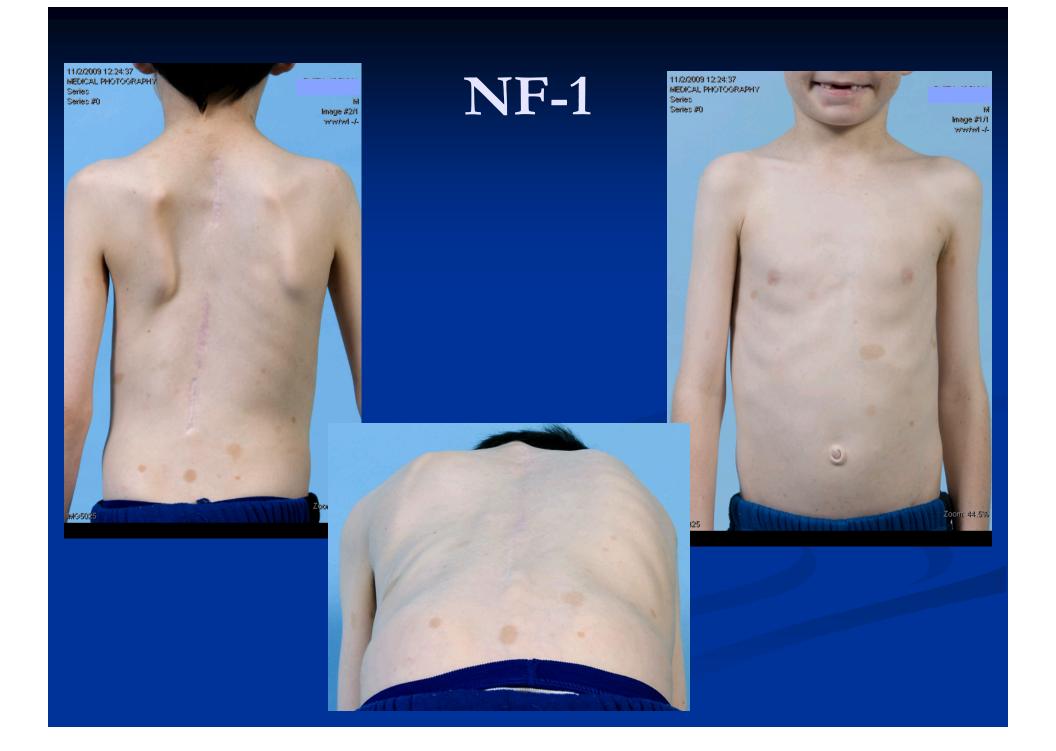
# Syndromes associated with osteopenia + poor bone healing

Neurofibromatosis – dysplastic
Syndromes in category II
Cerebro-costo-mandibular
Chondrodysplasia punctata
Osteogenesis imperfecta









### 13 yo female Bruck's syndrome





Very stiff deformity
Scheduled for surgery
Pamidronate therapy
PFT's: FVC 45% predicted
Femur fracture : elastic nails

#### **Clinical Photos**



#### **Clinical Photos**





#### Traction film after posterior release



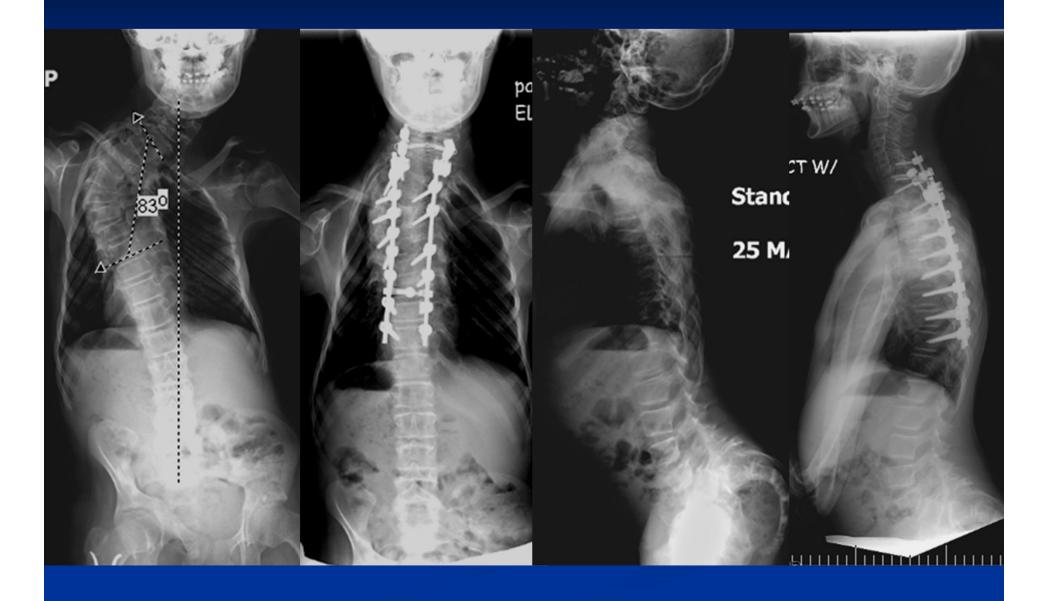
PORTABLE AP SITTING IN WHEELCHAIR IN TRACTION 13:10HOUR

## Halo gravity traction



## Post op





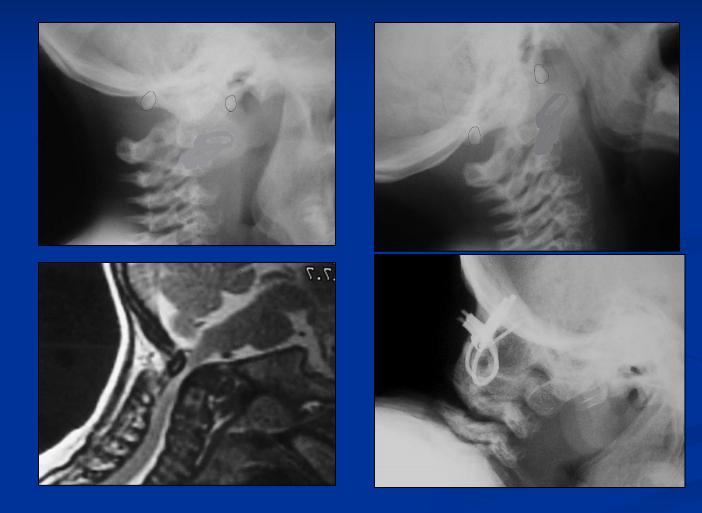
# Syndromes associated with cervical instability/stenosis

- Achondroplasia
- Spondylo-epiphyseal dysplasias
- MPS storage diseases
- Jeune
- Larsen
- Diastrophic dysplasia (cervical kyphosis may resolve)
- Chondrodysplasia punctata
- VATER/ Klipple-Feil

Courtesy of Charles Johnston MD

#### C 1-2 Instability- Morquio Syndrome

#### Irreducible subluxation, Decompression and O-C2 fusion



#### Courtesy of Will Mackenzie MD

#### Cervical Kyphosis Decompression/Fusion



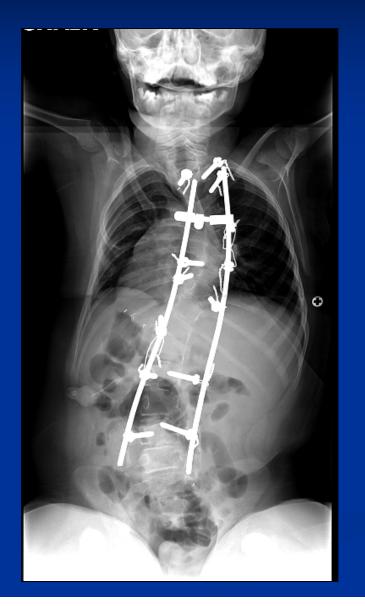


The Ponte Osteotomy Correction of Junctional Issues

Sagittal plane correction over a few levels
Much smaller version of a PSO
Proximal junctional kyphosis
Distal junctional kyphosis



# 9 yo $\bigcirc$ Trisomy 9



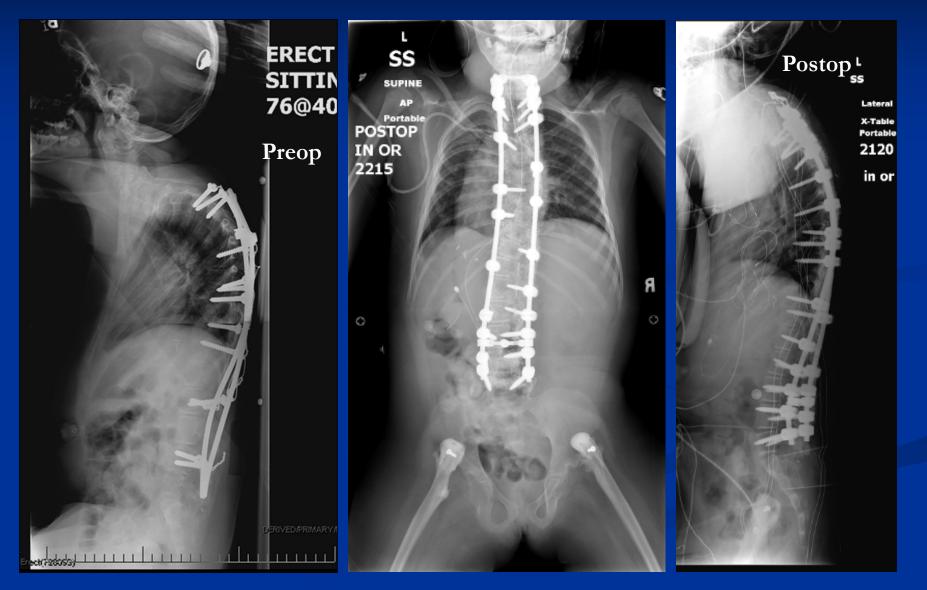


# 9 yo $\bigcirc$ Trisomy 9

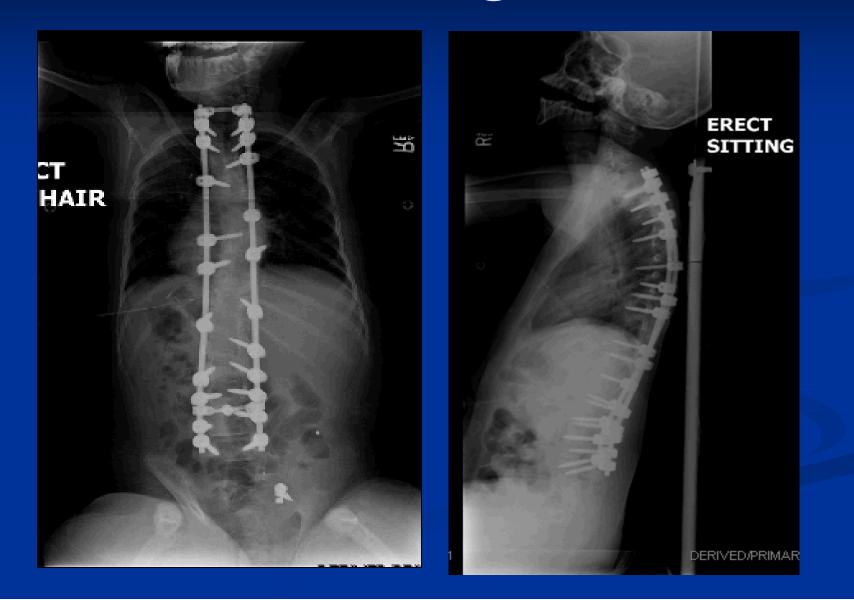




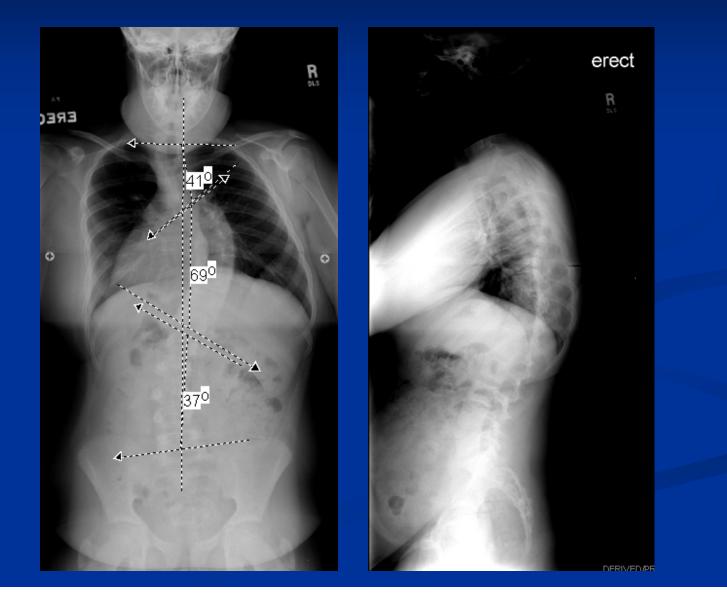
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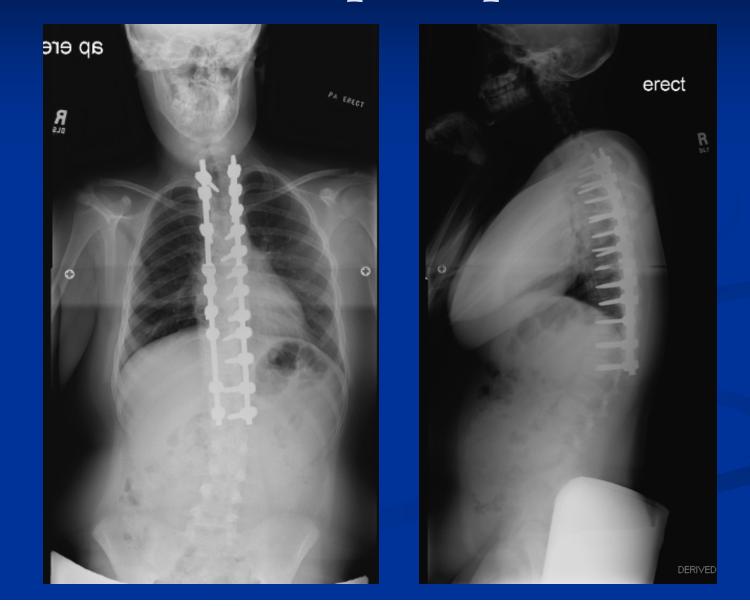
#### 12 mo sitting films



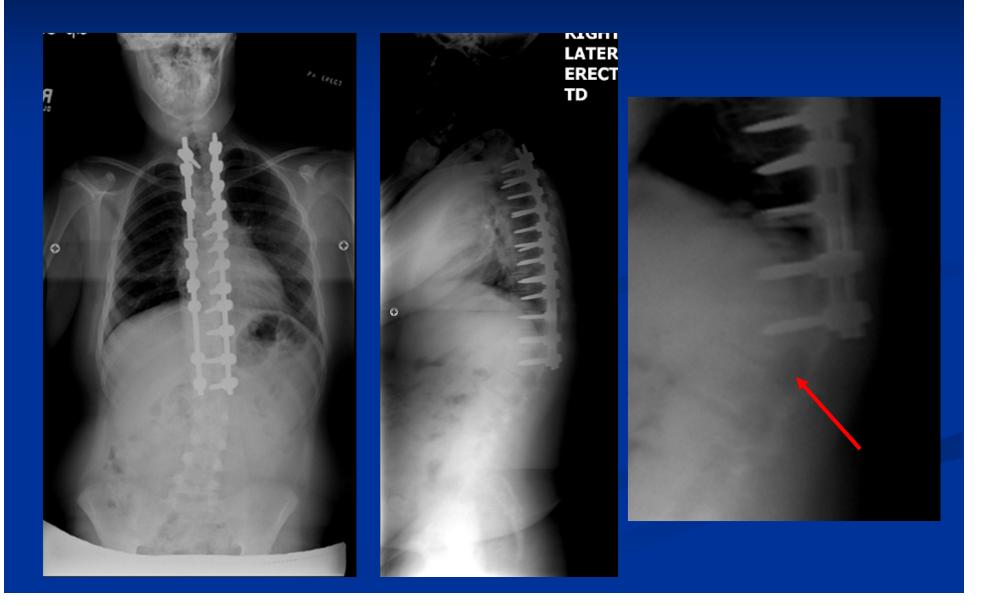
# 15 yo AIS Lenke 2BN



#### 6 mo postop



## 18 mo postop – progressive DJK

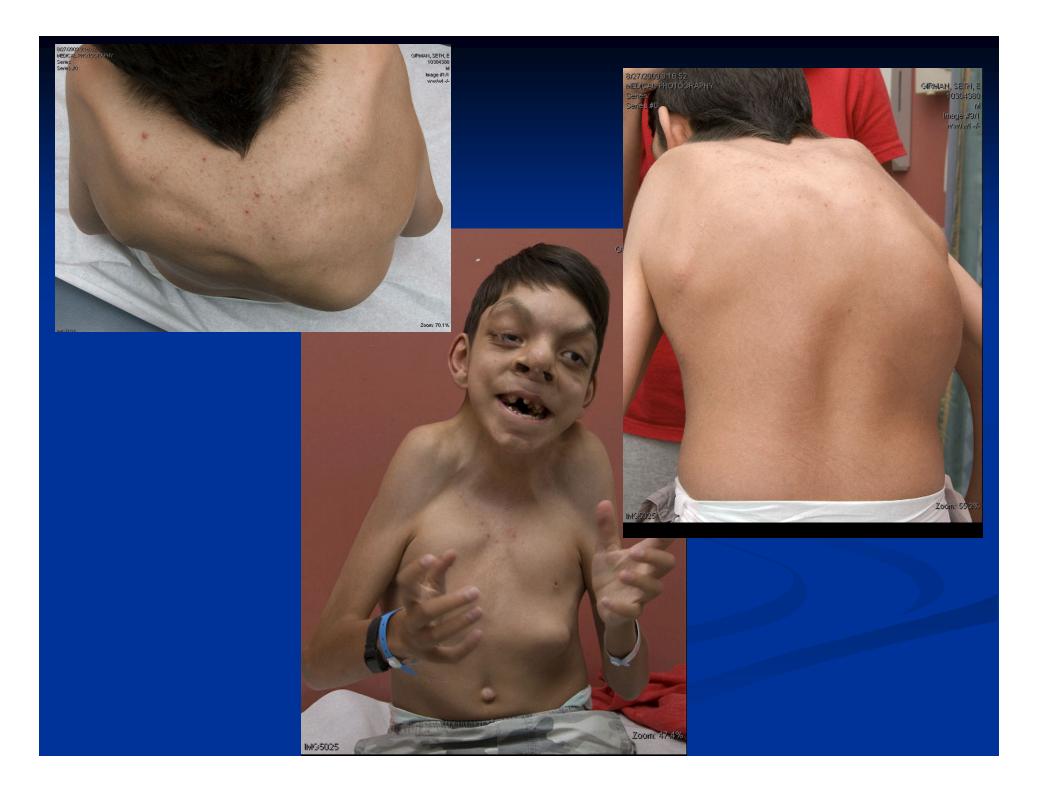


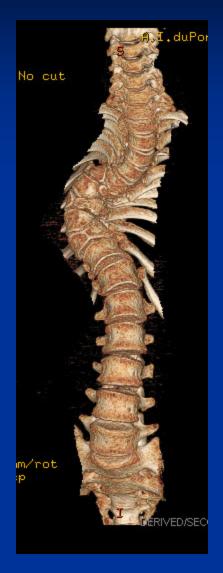
#### Sagittal Plane Reconstruction

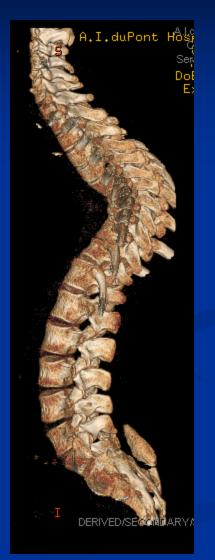


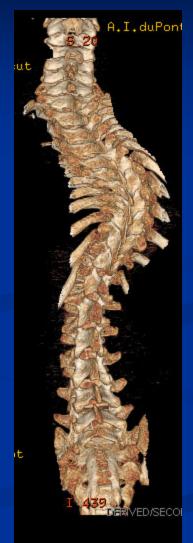






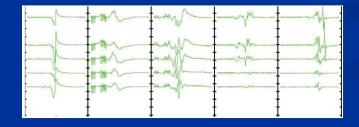


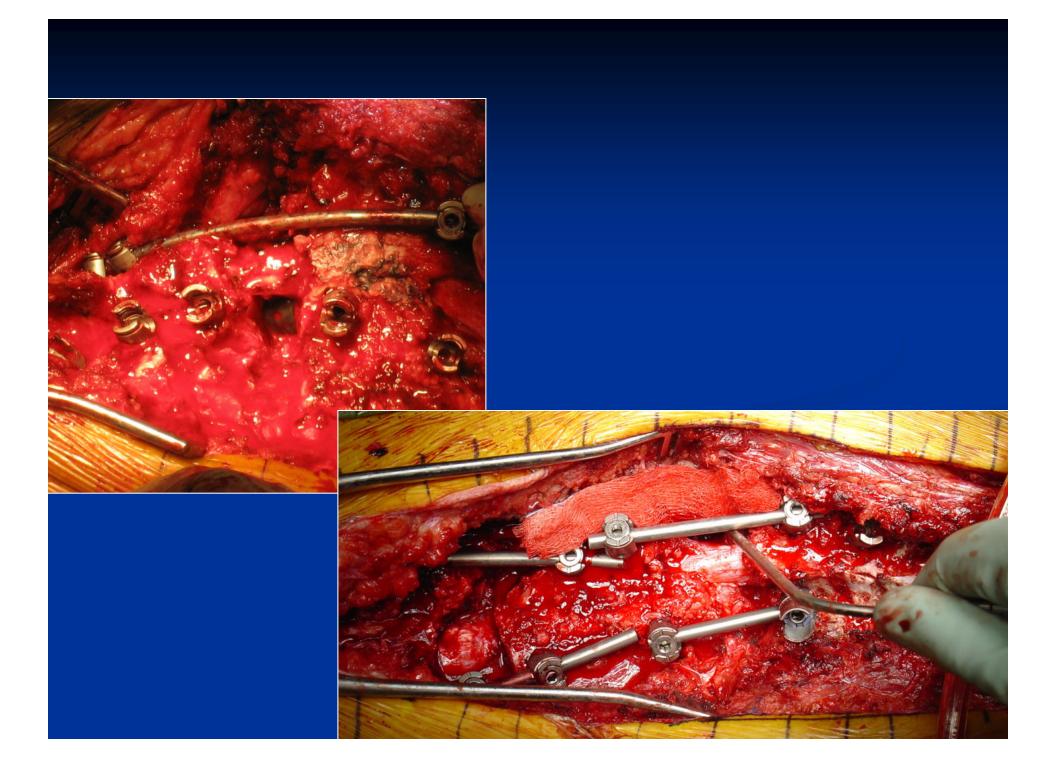




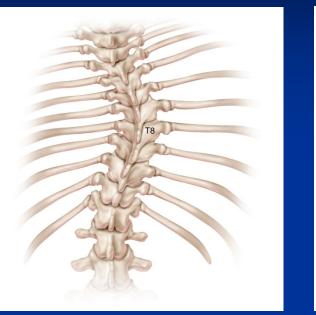
#### Spinal Osteotomy / Vertebrectomy

- Posterior Vertebral Column Resection
  - Avoids anterior procedure, less OR time
  - Kyphoscoliosis deformity is presented posteriorly
  - Shortens spine, slow correction
  - Control vertebral column with pedicle screws and working rods (avoid translation/subluxation)
  - Anteriorly positioned cage when necessary
  - Good TcMEP monitoring mandatory

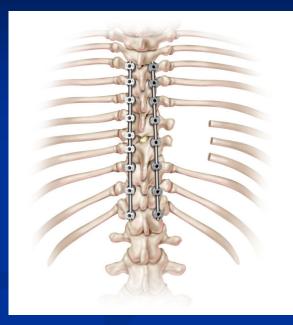




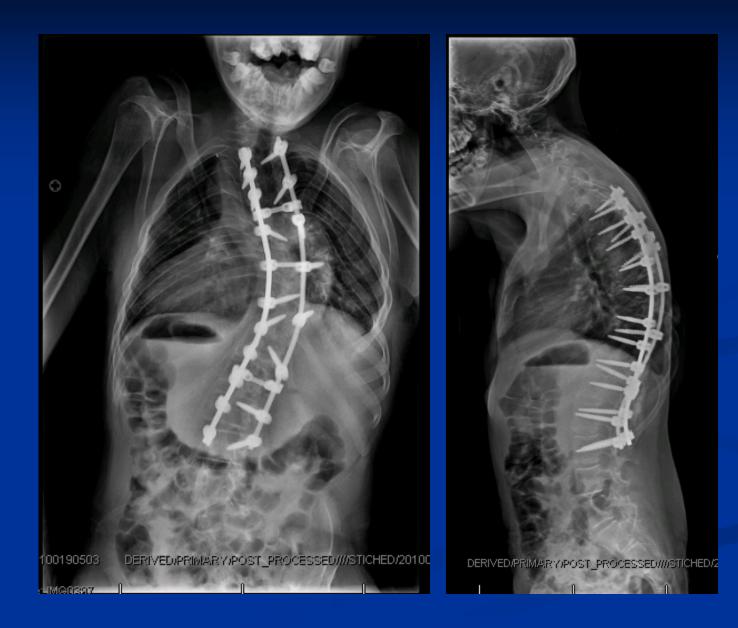
#### Asymmetric Thoracic VCR for Deformity







Theory: Leaving the concave pedicle with a screw provides a fulcrum for closure of VCR with large coronal deformity, preventing instability during surgery and excessive potential shortening of canal. Obviates need for cage



Syndromic Spinal Deformity

#### Summary

Complication rate is high

- Careful preop workup: studies, consultants
- Be prepared for challenges in the OR
  - Bleeding, stiff curve, osteopenia
  - Antifibrinolytics, make spine flexible, secure fixation
- Growth sparing techniques useful in young pts
- Stormy postoperative course
- Rewarding
   There was a little syndromic girl who had a little curve Right in the middle of her back;
   When she was good, she was very, very good, And when she was bad... she was horrid.

#### Thank You





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