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### TREATMENT OF KYPHOSCOLIOSIS AND TIS ASSOCIATED WITH MYELODYSPLASIA USING THE VEPTR IN AN EIFFEL TOWER CONSTRUCT



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## Disclosures

A. Joshi, MD(R. Campbell, MD(D. Cordell, MDrV. Patil, MDrJ. Simmons, DO, PhDrW. Koeck, MDrK. Reinker, MDr

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## Introduction

- Thoracic Insufficiency Syndrome (TIS) is a source of morbidity and mortality in children with spinal and thoracic deformities
- VEPTR has been a successful treatment for TIS associated with spinal and thoracic deformities
- We analyzed the effect of VEPTR treatment on spinal, thoracic, and pelvic deformities and TIS in children with myelomeningocele

# Background

### Orthopedic management of myelomeningocele

- Correct spinal, thoracic, and pelvic deformities
- Improve respiratory function
- Maintain spinal growth
- Surgical management of spinal deformities in myelomeningocele is challenging
  - High infection rates
  - Poor soft tissue coverage
  - High hardware failure rates
- Myelomeningocele can result in both primary and secondary TIS

# Secondary TIS

• Thoracic Insufficiency Syndrome

- The inability of the thorax to support normal respiration or lung growth
- Secondary TIS
  - upward pressure of the abdominal contents against the diaphragm, interfering with normal respiration and lung growth
- It occurs in myelomeningocele due to:
  - Lack of active lumbar extension
  - Severe pelvic obliquity
- The marionette sign is a clinical manifestation of this phenomenon

# **Objectives**

- 1. To describe an operative technique using VEPTR for children with myelomeningocele
- 2. To assess the effects of VEPTR on the spinal, thoracic, and pelvic deformities
- 3. To measure changes in respiratory status
- 4. To measure response of TIS to VEPTR treatment
- 5. To identify complications associated with the use of VEPTR in children with myelomeningocele

## Materials & Methods

Retrospective study

#### Study Criteria

- Inclusion:
  - Diagnosis of myelomeningocele with kyphoscoliosis
  - Selection for treatment using VEPTR instrumentation
  - Minimum 2 years follow-up
- Exclusion: prior spinal or thoracic surgeries
- Patient selection
  - 10 patients met the inclusion criteria; none were excluded
  - 6 males; 4 females
  - Age at first surgery: 7.7 years (range, 1.2-14.1)
  - Length of follow-up: 6.2 years (range, 2.3-12.1)

## Materials & Methods

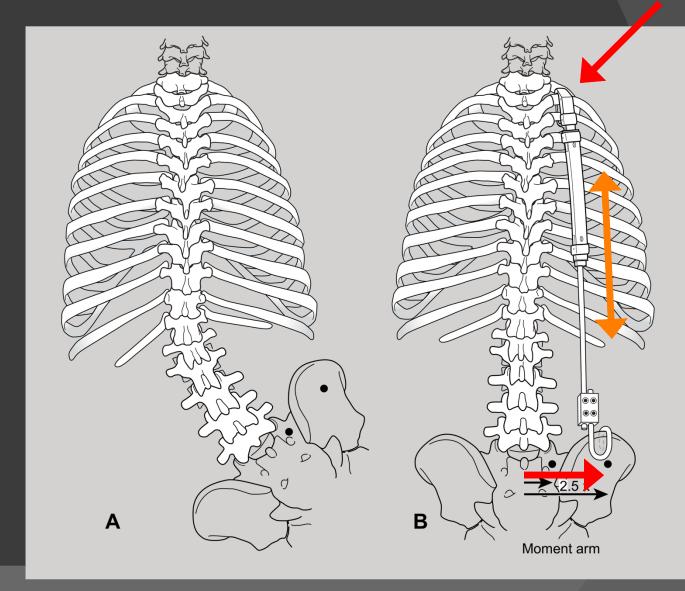
#### Ohart review

- Demographic data
- Operative technique and frequency
- Respiratory status: Assisted Ventilatory Rating (AVR), respiratory rate, capillary blood gases, marionette sign
- Complications

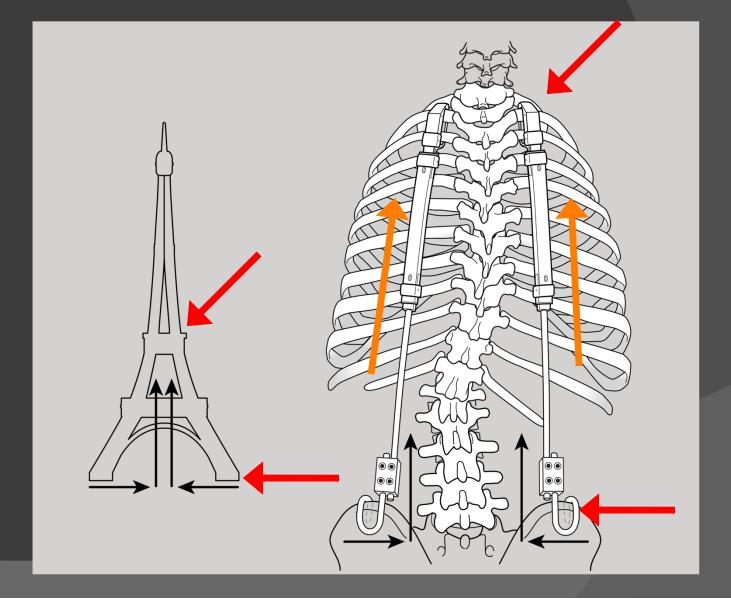
#### Radiographic Assessment

- Cobb angle
- Lumbar kyphosis
- Pelvic obliquity
- Space Available for Lungs (SAL)
- Data analyzed using paired student *t*-test and Mann-Whitney U test

### **Operative Technique: Eiffel Tower Construct**



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- Operative Technique
  - Implantation
    - 8 unilateral rib-to-pelvis device
    - 2 staged bilateral rib-to-pelvis devices
    - All received lateral rib-to-rib devices (6 bilateral; 4 unilateral)
  - Replacements
    - Mean of 2.5 surgeries (25 total)
    - 2 for migration; 3 for DM hook fracture; 2 for infection
  - Expansions
    - Mean of 7.8 surgeries (range, 3-15)

### • Spinal, Thoracic, & Pelvic Alignment

	n	Pre-Implant	Final F/u	<i>p</i> -value*
Cobb Angle	10	70.8° ±18.4°	46.9° ±17.2°	0.004
Lumbar Kyphosis	6	42.5° ±13.7°	22.3° ±18.9°	0.07
Pelvic Obliquity	10	24.7° ±11.6°	$8.6^{\circ} \pm 6.6^{\circ}$	0.009
SAL	10	$0.659 \pm 0.100$	$0.880 \pm 0.057$	0.002

\* paired student *t*-test

### Respiratory Status

	n	Pre-Implant	Final F/u	<i>p</i> -value
AVR	10	8 unchanged (AVR 0) 1 improved (AVR 1 to AVR 0) 1 declined (AVR 0 to AVR 1)		>0.05*
Respiratory Rate	10	$29.3 \pm 5.4$	$24.0 \pm 1.7$	n/a
CBG: pCO <sub>2</sub>	10	$34.5 \pm 2.9$	$38.8 \pm 2.1$	0.01**
Marionette Sign	10	6 positive	0 positive	n/a
AVR: (0=no assistand * Mann-Whitney U te ** paired student <i>t</i> -tes				

### Complications

- Device migrations: 6 (in 4 patients)
  - 2 superior cradles
  - 2 D-M hooks
  - 2 inferior cradles
- Hardware fatigue fractures: 3 (in 3 patients)
  - all D-M hook fractures
- Wound Infections: 4 (in 4 patients)
  - 3 superficial
  - 1 deep
  - all successfully treated

## Conclusions

- VEPTR treatment is a useful technique for addressing primary and secondary TIS in myelomeningocele
- Spinal, thoracic and pelvic deformity correction was observed
- The 'Eiffel Tower' construct using bilateral or unilateral rib-to-pelvis hybrid devices with wide base and narrow apex might be most effective for correcting lumbar kyphosis and pelvic obliquity
- Infections were surgically treatable with implant salvage and acceptable morbidity

# Thank you