HEMIVERTEBRA RESECTION VIA POSTERIOR APPROACH IN YOUNG CHILDREN WITH CONGENITAL DEFORMITIES

Ahmet ALANAY, MD *Cagatay OZTURK, MD* Mehmet AYDOGAN, MD Mehmet TEZER, MD Kursat GANIYUSUFOGLU, MD Azmi HAMZAOGLU, MD

Istanbul Spine Center Florence Nightingale Hospital Istanbul-TURKEY



INTRODUCTION

 Scoliosis, kyphosis, and kyphoscoliosis due to hemivertebra usually require surgical treatment, as their progression potential is high.

Combined A+P

Posterior only

✓ Longer surgery
 ✓ Morbidity of anterior surgery
 ✓ Comparable correction rates
 ✓ Less neurological complications

Technically more demanding
Recurrence & Pseudoarthrosis
Comparable correction rates
More neurological complication

Jatanko T Spine 2010

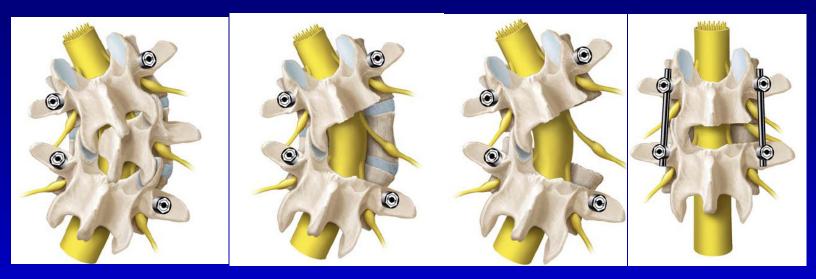


 To evaluate the results of resection of hemivertebra via a posterior approach and pedicle screw instrumentation

MATERIALS & METHODS

- ✓ Retrospective analysis Thirty-eight consecutive patients Radiographic examination ✓ Pre, post op and follow-up Coronal plane Cobb measurement ✓ Sagittal plane local kyphosis ✓ Chart review
 - ✓ complications

SURGICAL TECHNIQUE



- ✓ Under neuromonitorization
- Short segment instrumentation by using pedicle screws
- Complete resection with adjacent discs
- ✓Titanium mesh cages were usually used rather than
- shorthening spinal column
- ✓ Postop hip-spica cast under age 6 years for 3 months

 \checkmark Average age 4.5 years (2-10) Six had two different levels ipsilateral hemivertebrae Eight (21%) had SCM ✓ Type I 5 ✓ Type II 3 Location of hemivertebrae ✓ Thoracic spine (T<u>3-T11)</u> 20 ✓ Thoracolumbar spine (T12-L1) 11 ✓ Lumbar spine (L2-L5) 13

Mean follow-up 46 months (24-108)
 Mean level of instrumentation 3.8 (2-6)
 Mean operation time was 5.8 hours
 Mean blood loss was 383 ml

 Five patients with type I SCM underwent same stage neurosurgical intervention.

20 patients had scoliosis

 32.1 degrees (22 – 48)

 3 patients had kyphosis

 53.3 degrees (43 - 68)

 15 patients had kyphoscoliosis

 Scoliosis 36.9 degrees (20 - 55)
 Kyphosis 34.9 degrees (11 - 85)

Scoliosis corrected to 5 degrees (84%) and was 5.9 degrees at final follow-up.

Kyphosis corrected to 3 degrees (94%) and was 5 degrees at final follow-up.

 Coronal plane imbalance in 18 patients and sagittal plane imbalance in 14 patients improved.

 Two patients (ages 3 and 4) with long sweeping deformity and fused shortly after resection developed C shaped curves in the early follow-up with coronal imbalance

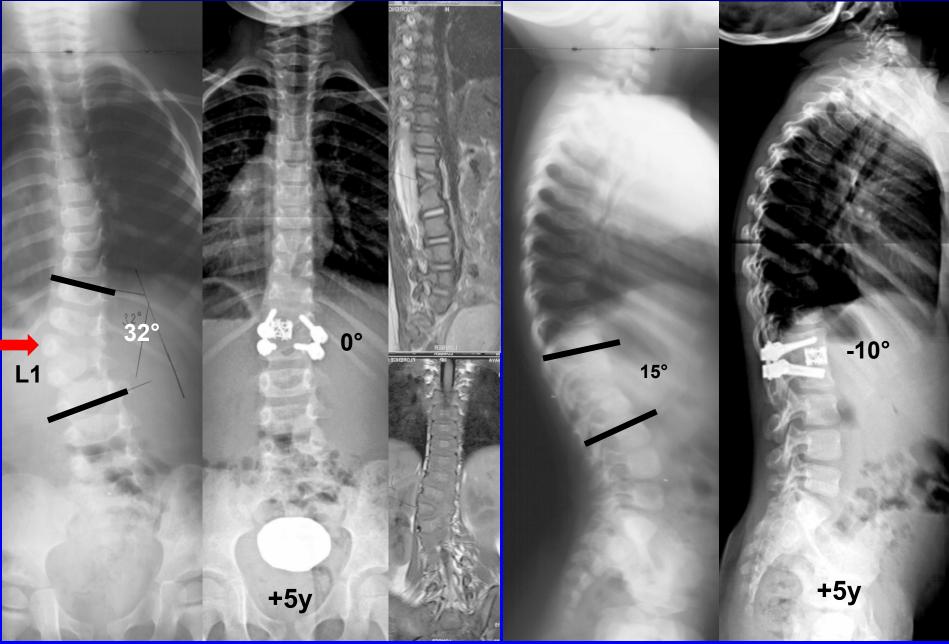
✓ No neurological complications.

✓ One dural tear

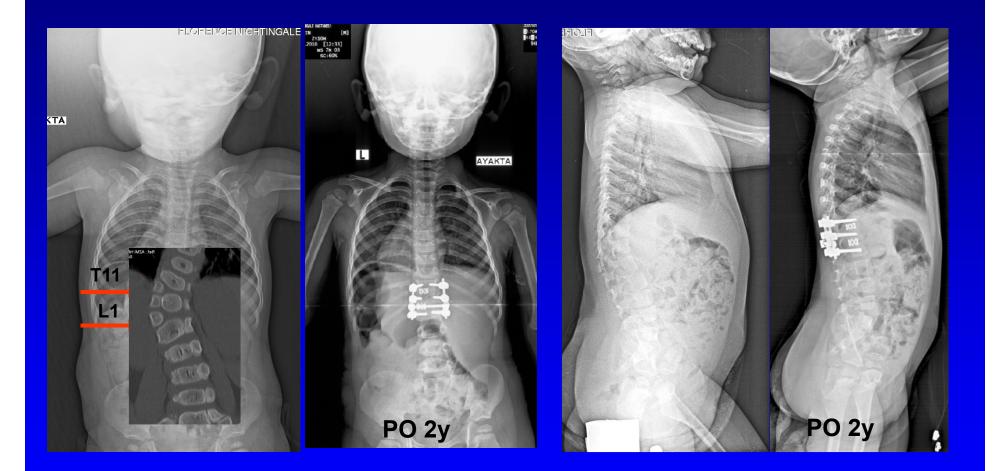
✓ 3 patients with superficial infection

✓ No pseudoarthrosis or implant failure

MS, 2y, F, congenital kyphoscoliosis, hemivertebra

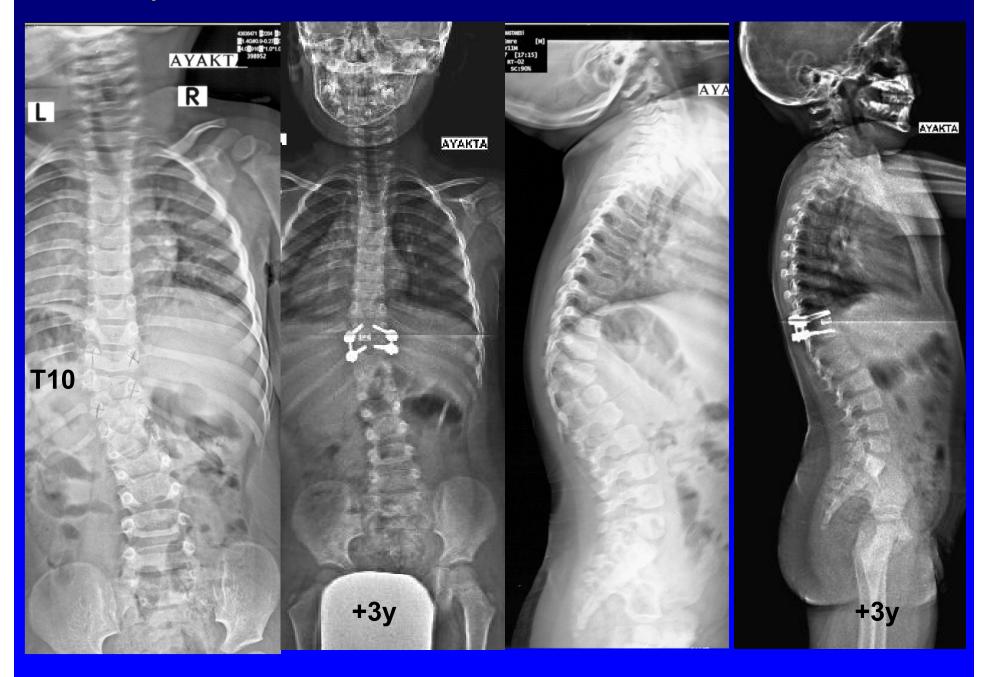


YD, 1,5y, M



Hemivertebra excision via posterior only approach

EES, 1.5y, M

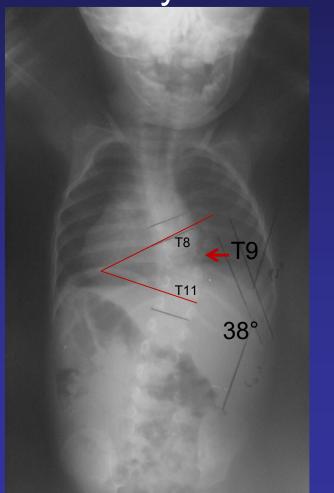


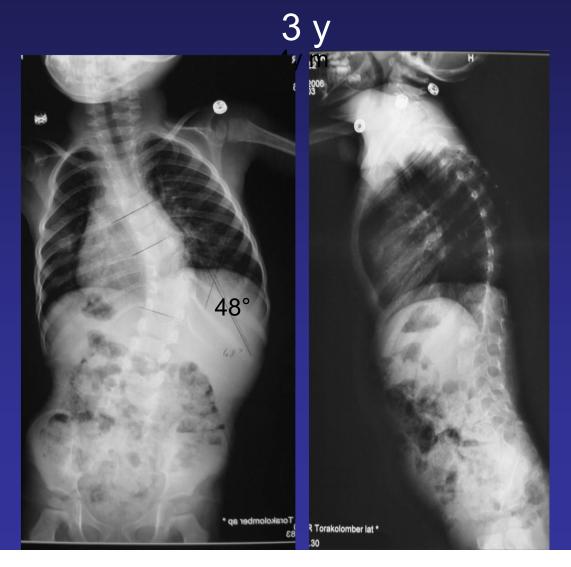
FK, 2y, F, congenital kyphosis

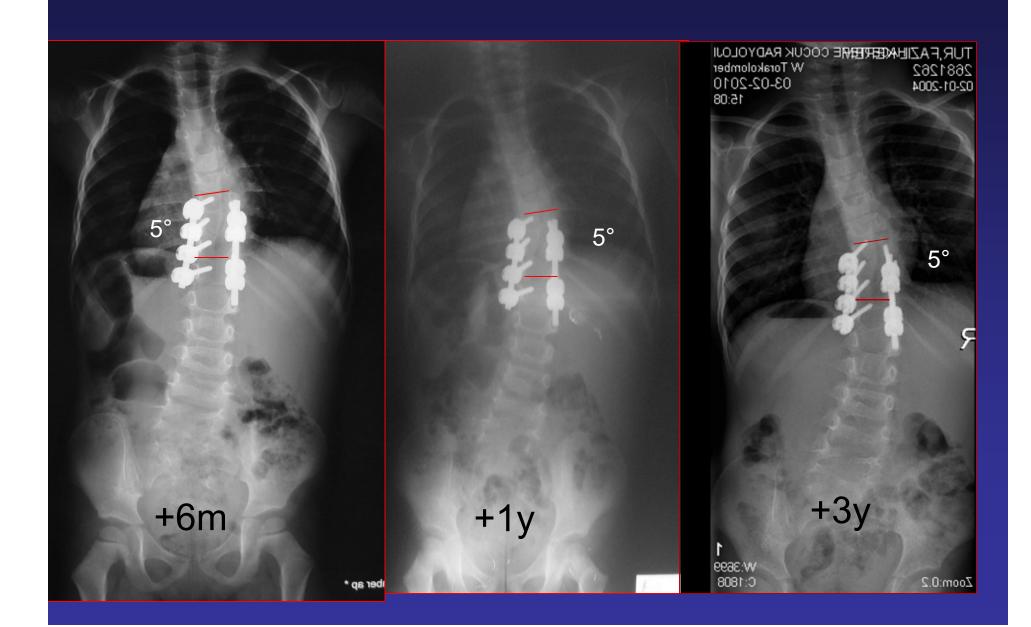


3y, T9 hemivertebrae

2 y







CONCLUSION

- Hemivertebra resection via posterior approach is safe and effective in young children.
- Titanium mesh cages may provide potential advantages
 - ✓ Preserves spinal height
 - ✓ Increase fusion rate
 - ✓ Prevents neurological complications

Long sweeping structural curves initiated by a single hemivertebrae

✓ Postop bracing

THANK YOU