

Ultrasound technique monitoring the lengthening of Magnetically Controlled Growing Rods



Ospedale dei Bambini

“V.Buzzi” Milano

Dott. Luca F. Colombo

Dott. Andrea Righini

Dott. Francesco Motta



Neuromuscular deformity

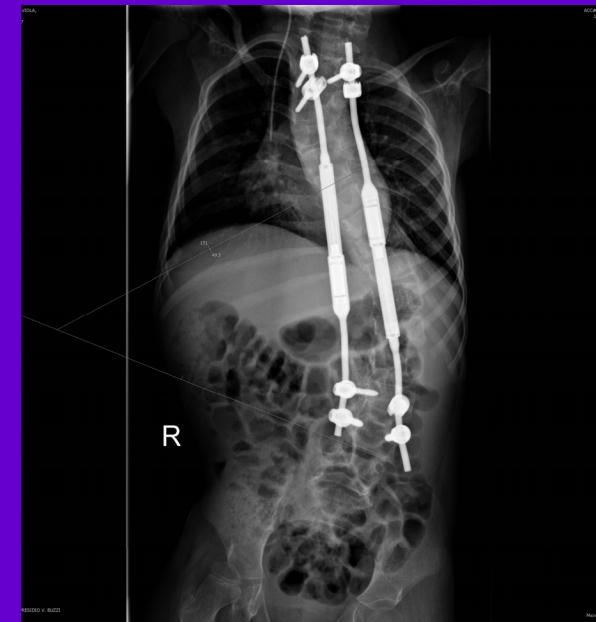
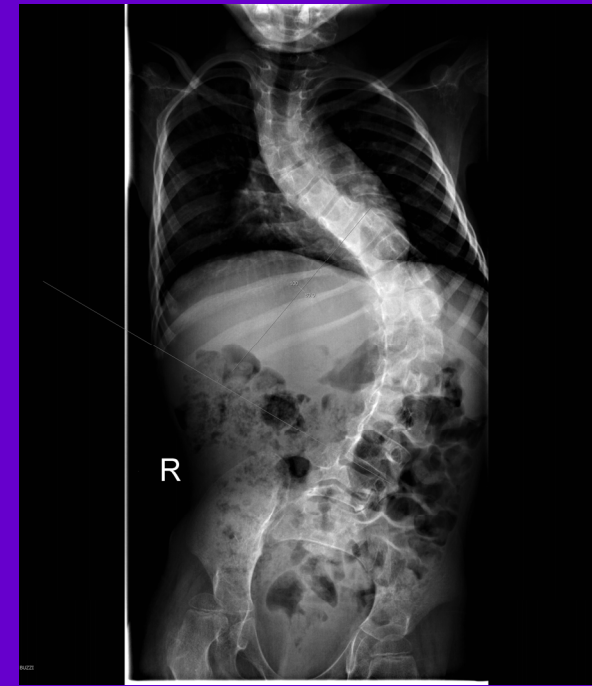
- Inverse relationship between pulmonary function test score and severity of scoliosis
- For every 10° increase in Cobb angle, there is 4,7% decrease in predicted vital capacity and 3,3% decrease in peak flow.
- (Robinson D, Galasko CS, Delaney C, Williamson JB, Barrie JL, : Scoliosis and lung function in spinal muscular atrophy. Eur.Spine J 1995; 4 (s): 268-73

Neuromuscular deformity

- Bracing is ineffective in halting curve progression and is poorly tolerated for the limitation of chest wall excursion
- Surgical intervention before skeletal maturity is often indicated, but early fusion limits trunk height and may exacerbate the pulmonary difficulties that are already a primary concern
- Children who undergo spinal fusion before 8 years of age have the worst Quality of Life with different tests (M. Vitale M.D. Children H. N.Y pres. ICEOS SRS 2007)
- This dilemma raises questions about the best method of controlling the large curves during an extended period of growth

Method

- Since November 2012 we have treated with magnetically growing rod 8 children affected by neuromuscular scoliosis , 6 (SMA II) , 2 Myopathy . mean age 6 years
- Each implant was done with 2 rods submuscular tunnelled fixed with hybrid construct pedicular screw hook and sublaminar wire

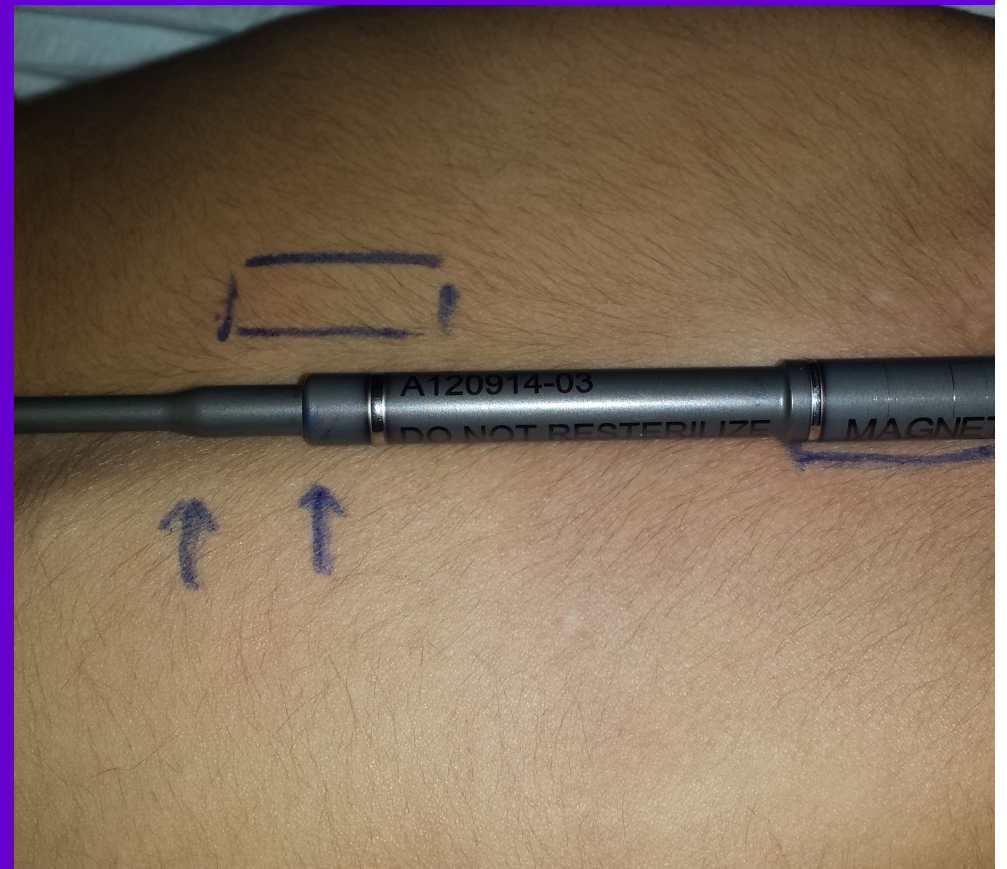


Ptient 5 y.o. affected by SMA

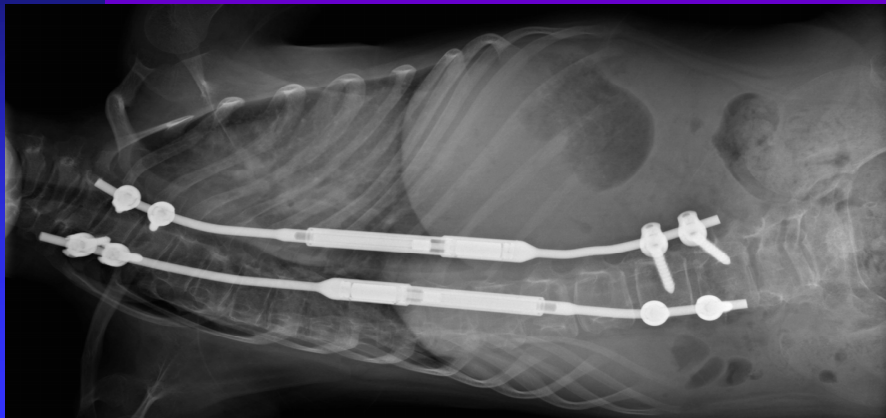
Planning of the lengthening

- According with Akbarnia ,patients lengthened at intervals of less than 6 month had higher annual growth
- And following the indications of A. di Meglio that showed there is a reduced growth phase between 5 to 10 years (1,2 -1.5 cm per year)
- We decided on lengthening intervals of 3 month with distraction approximately of 3,5 mm
- These raises the problem that we expose the children to excessive x ray control
- So we start monitoring the lengthening with ultrasound since november 2013

Ultrasound technique



We compare the data of the lengthening



Ultrasound technique

- We use high frequency linear transducer 14 MhZ
- We have done 12 lengthening comparing the data and the mismatch between US and Remote cont. Was <0.3 mm
- The duration of the exam now it takes 10 /15 min. with the magnetic lengthening.

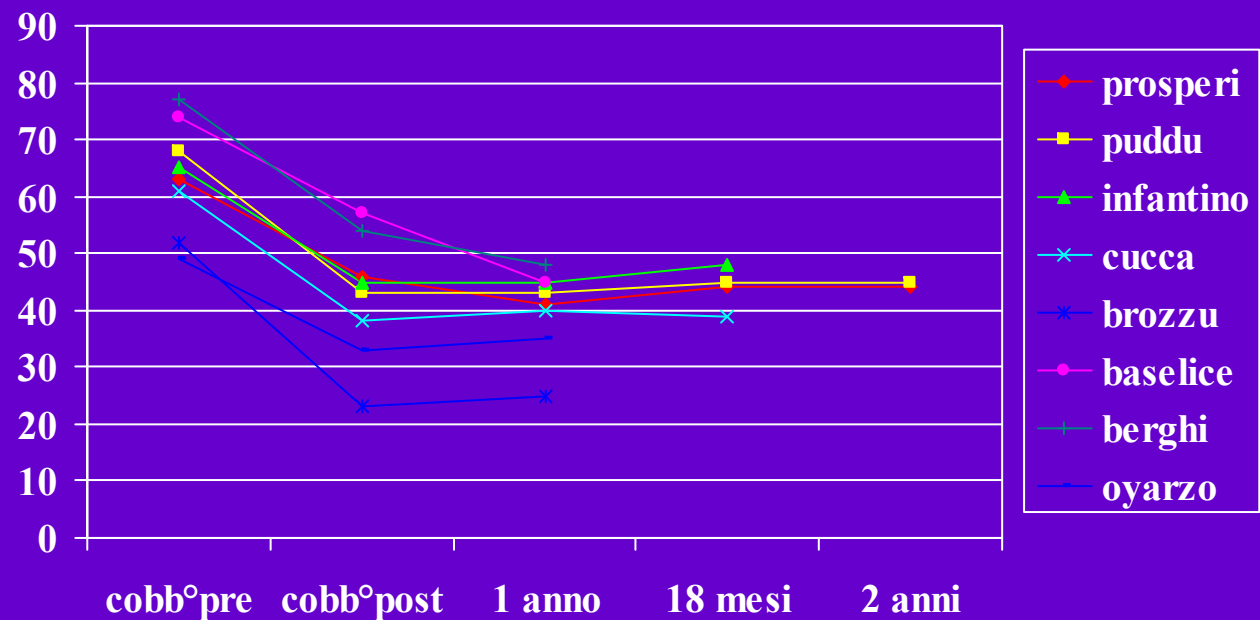


RESULTS

X RAY Cobb angle measurment

Pre OP. 74° $< 58^{\circ}$

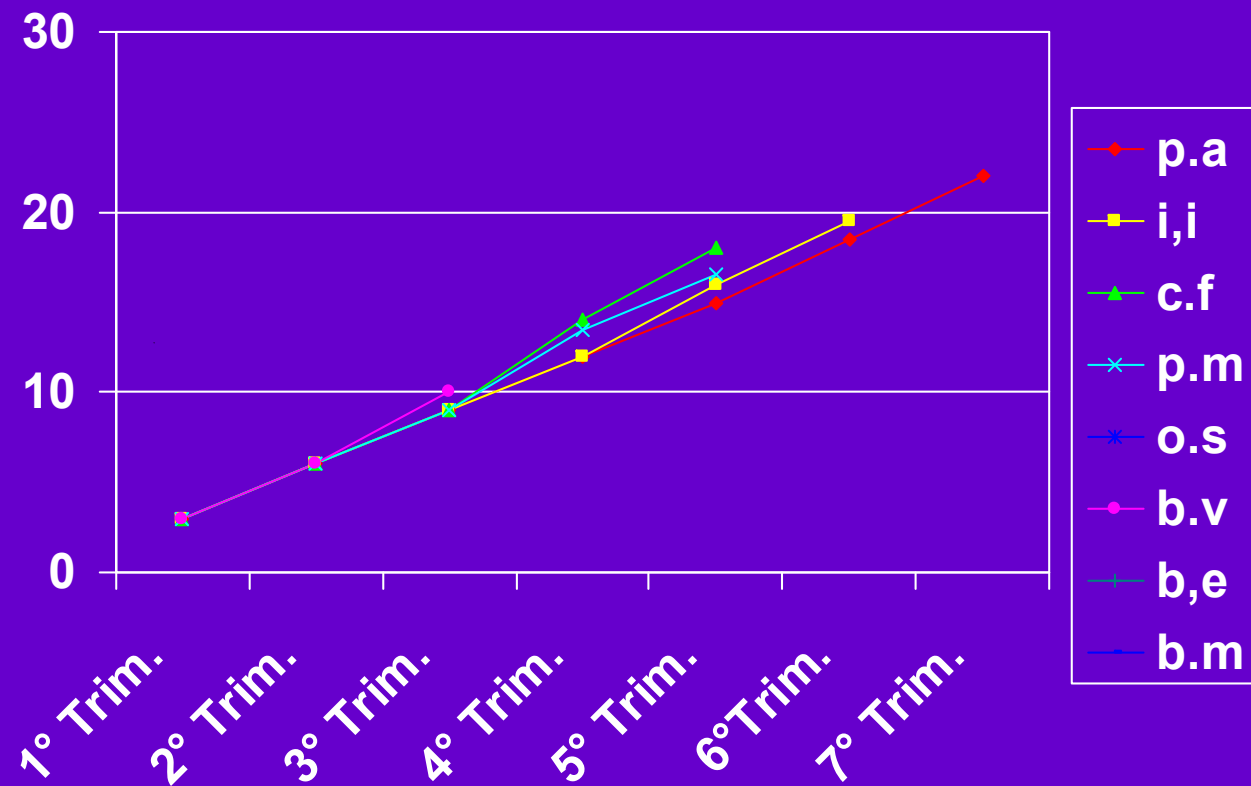
Post Op 47° $< 23^{\circ}$ mean correction 60%



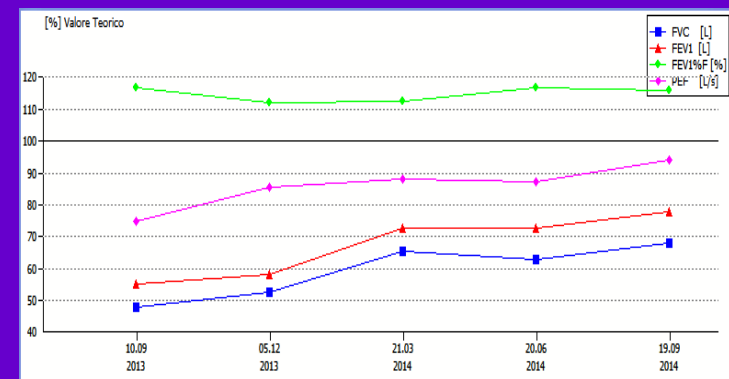
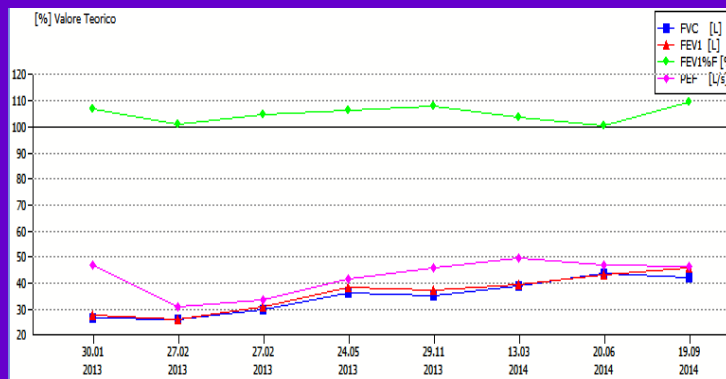
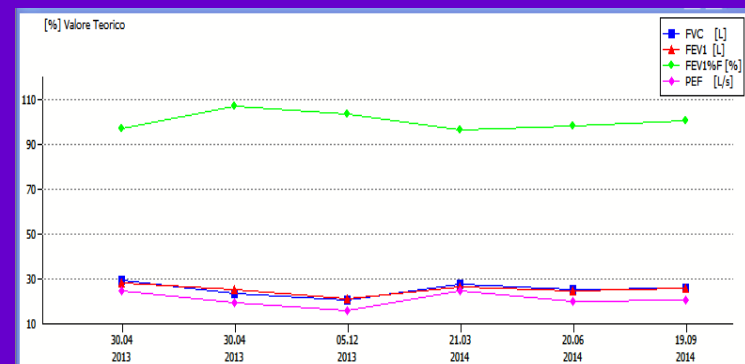
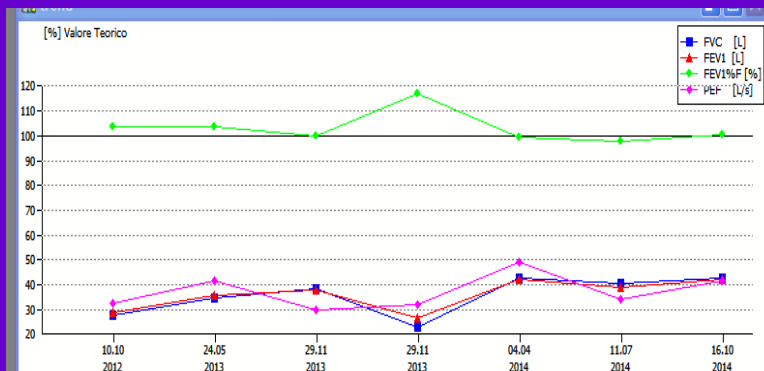
Lengthening each 3 month

We have done 64 procedure

min lengthening 2.5 mm max 8.0 mm mean 3.2

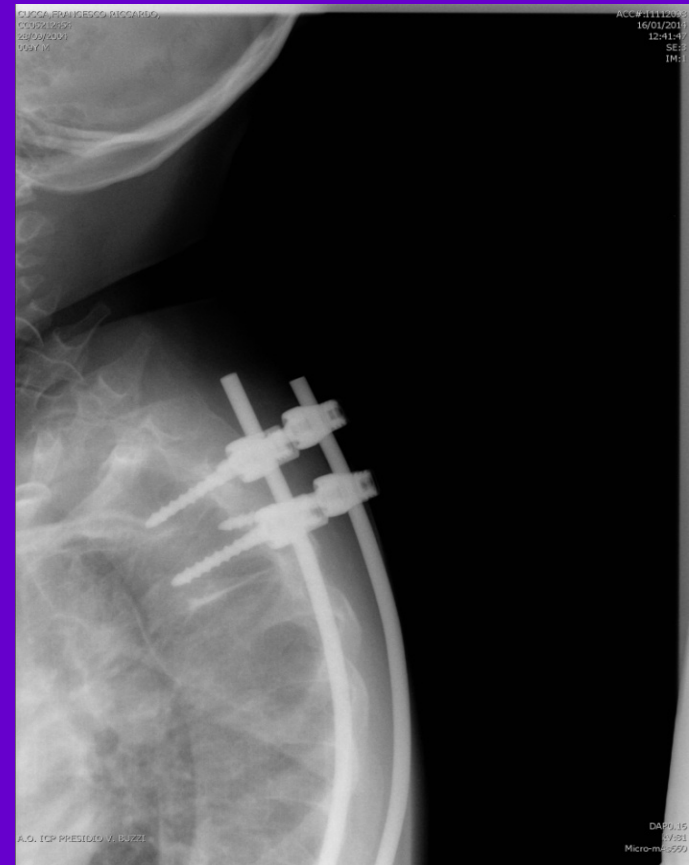


PFT we measured FVC +FEV1 pre op and every each lengthening



Complication

- One incomplete pull out of a pedicle screw in T2 now stable
- One rod disfunction



Pre post Surgery .

After 6 month we gave a subjective questionnaire



Conclusion

- In this first two years we don't have problem with the lengthening of the MCGR and thanks the ultrasound monitoring we expose the children to the x ray just ones in a year . With this instrumentation we reduced the morbidity and the complications avoiding the surgery time for the lengthening .

Thanks

