Superior Extension of Upper Instrumented Level in Distraction Based Surgery: A Surrogate for Clinically Significant PJK

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Proximal Junctional Kyphosis







Proximal Junctional Kyphosis

 Revision surgery with superior extension of the upper instrument level (UIL).





Purpose

To determine the rate of clinically significant proximal junctional kyphosis (PJK) during distraction based growth friendly surgery.



Study Design

 Retrospective, clinical and radiographic review of the Children's Spine Study Group database.





Inclusion Criteria

- Early Onset Scoliosis (<10 yrs)</p>
- Treated with rib-based
- > /= 2 yr f/u
- >/= 3 lengthening procedures



Inclusion Criteria

- Superior extension of upper instrumented level during distraction phase or at graduation from distraction-based surgery.
- Radiographs available between each lengthening procedure.



Exclusion

 Superior extension of upper instrumented level secondary to progression or adding on of scoliosis.



Primary Outcome

 Rate of patients treated with distraction based surgery who required superior extension of their upper instrumented level (UIL).



Results

- CSSG Registry
 - 397 patients (rib-based)
- 40 of 397 required a revision surgery that involved superior extension of the UIL
- 10% rate of clinically significant PJK



Results - At Implantation

- Revision Group was Younger
 4.9 vs. 5.5 yrs (p<0.05)
- Otherwise, the revision group was characteristic of the entire study population
 - Scoliosis 70°
 - Kyphosis 50°



Results – At Revision

- Time to revision was 2.3 yrs
- Scoliosis 67°
- Kyphosis 55°



Future Work

- Review patients treated with spine-based distraction from Growing Spine Study Group Database.
- Evaluate radiographic measures (proximal junctional angle) on all patients.
 - Is PJA predictive of clinically significant PJK?



Conclusions

- A 10% rate of clinically significant PJK was found within this group of children who were treated with rib-based distraction surgery.
- These patients were younger than the nonrevision patients at time of implantation.
- Mean time to revision was 2.3 years.



