# Proximal Junctional Kyphosis in Surgically Treated Young Children With Scoliosis: Incidence, Risk Factors, and Management

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### PJK in children treated with GR surgery

- > 88 patients with EOS treated with dual growing rods
- > PJK developed in 23 patients (26%)
- The significant independent risk factors for PJK:
  - > an LIV at or cranial to L3,
  - a proximal thoracic scoliosis of 40° or more,
  - > and a main thoracic kyphosis of 60° or more.

Journal of Spinal Disorders and Techniques Publish Ahead of Print DOI:10.1097/BSD.0000000000000127

Risk Factors for Proximal Junctional Kyphosis Associated with Dual-Rod Growing-Rod Surgery for Early-Onset Scoliosis

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Spine Deformity 1 (2013) 425-433

Case Series

Proximal Junctional Kyphosis After Vertical Expandable Prosthetic
Titanium Rib Insertion

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Received 6 May 2012; revised 25 July 2013; accepted 27 July 2013

A total of 68 patients underwent VEPTR treatment at a single institution

Four patients developed PJK (6%).

Patients with preoperative thoracic hyperkyphosis may be at higher risk. PJK can develop within the first year of VEPTR treatment.

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### PJK in children treated with fusion surgery



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### Natural Course of PJK in AIS

- Most of PJK was progressed within 3 months after surgery and did not progress significantly after 2 years postoperatively
- The incidence of PJK at 7.3 years postoperation was 26% (50 of 193 patients).
- The average PJA increased 15.2° until 2 years postoperatively and then increased 1.7° until final follow-up in the PJK group.

SPINE Volume 30, Number 18, pp 2045–2050 ©2005, Lippincott Williams & Wilkins, Inc.

Proximal Junctional Kyphosis in Adolescent Idiopathic Scoliosis Following Segmental Posterior Spinal Instrumentation and Fusion

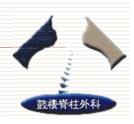
Minimum 5-Year Follow-up



### Prevalence of PJK

AIS		Adults	
Lee	46%	Kim	39%
Kim	28%	Mendoza- Lattes	35%
Hollenbeck	9.2%	Bridwell	27.8%
Helgeson	8.1% (PS)	Misuru -yagi	26%



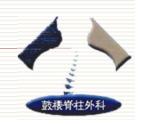


# **Objective**



To determine the incidence, risk factors, and behavior of proximal junctional kyphosis (PJK) in young children undergoing posterior instrumented spinal fusion.





### Material and Methods

### Inclusion criteria

Age at surgery less than 10 yrs

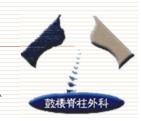
Diagnosed with congenital scoliosis

Surgery: posterior fusion≥4 levels

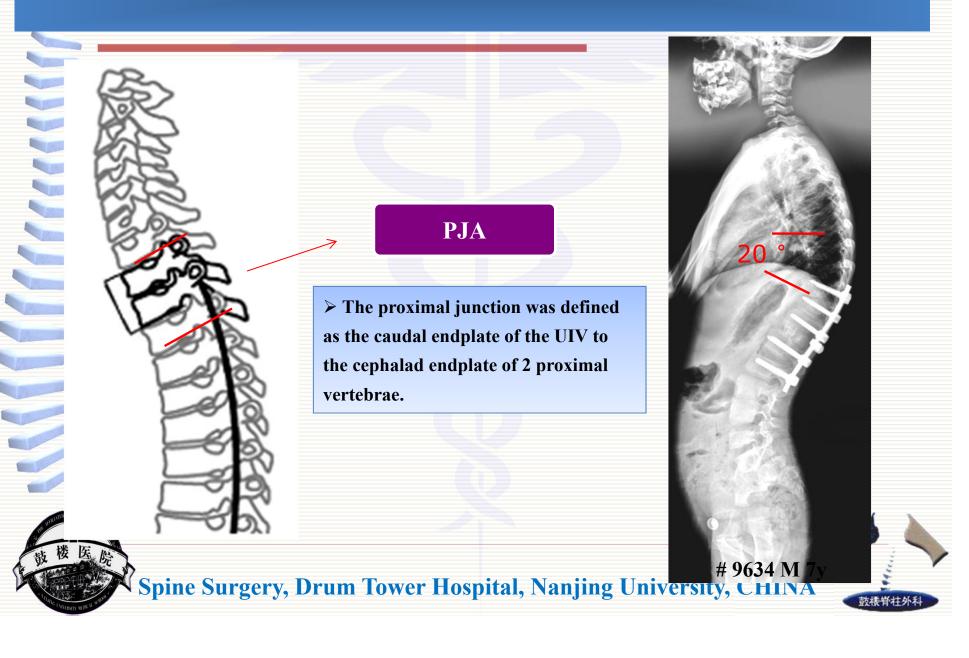
Follow-up>2y

UIV location:T1-T11





# Proximal junctional angle measurement



# Results

61 consecutive patients

• From 2009 to 2011 in our institution

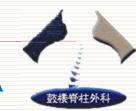
Age

• 5.4 years (2-10 years)

Followup

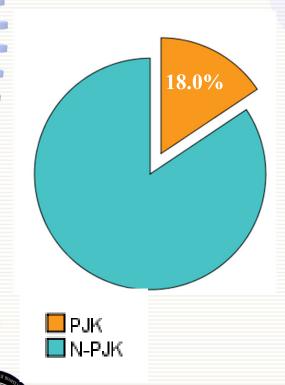
• 2.7 years (2-4years)





# Results

Incidence of PJK



61 consecutive young children with scoliosis were included

Overall incidence of PJK was 18.0% (11/61) at follow-up

3m-po-op:10 PJK

3-6m:11 PJK

2y-po-op:9 PJK



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# Results







# Radiographic Findings of PJK

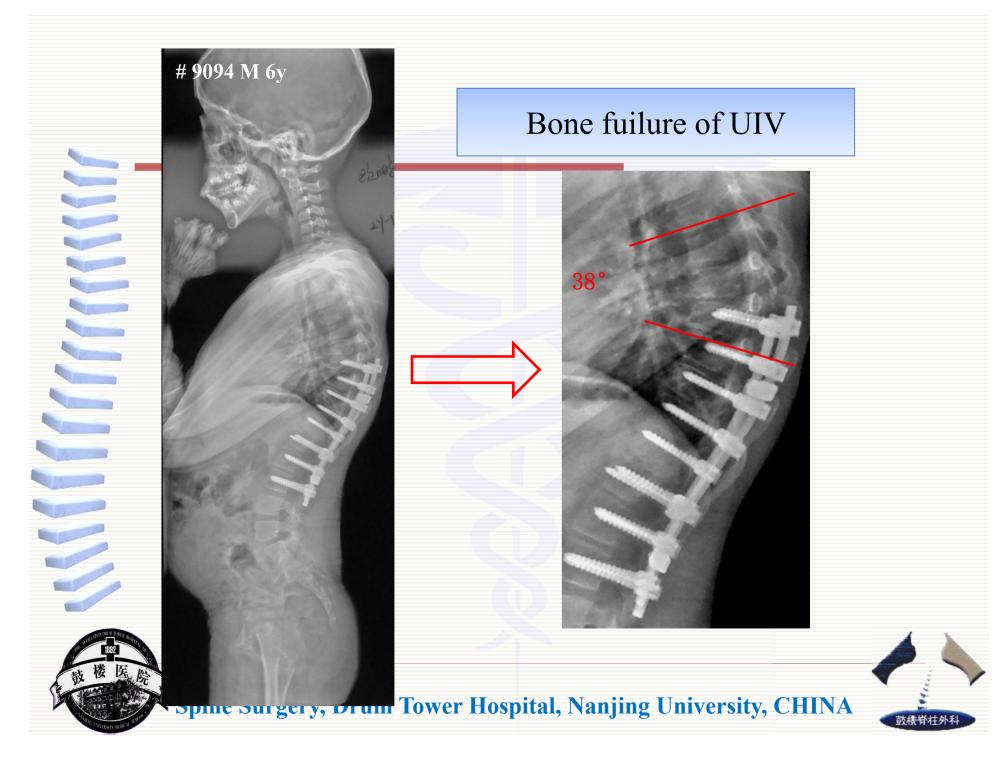
Kyphotic deformity

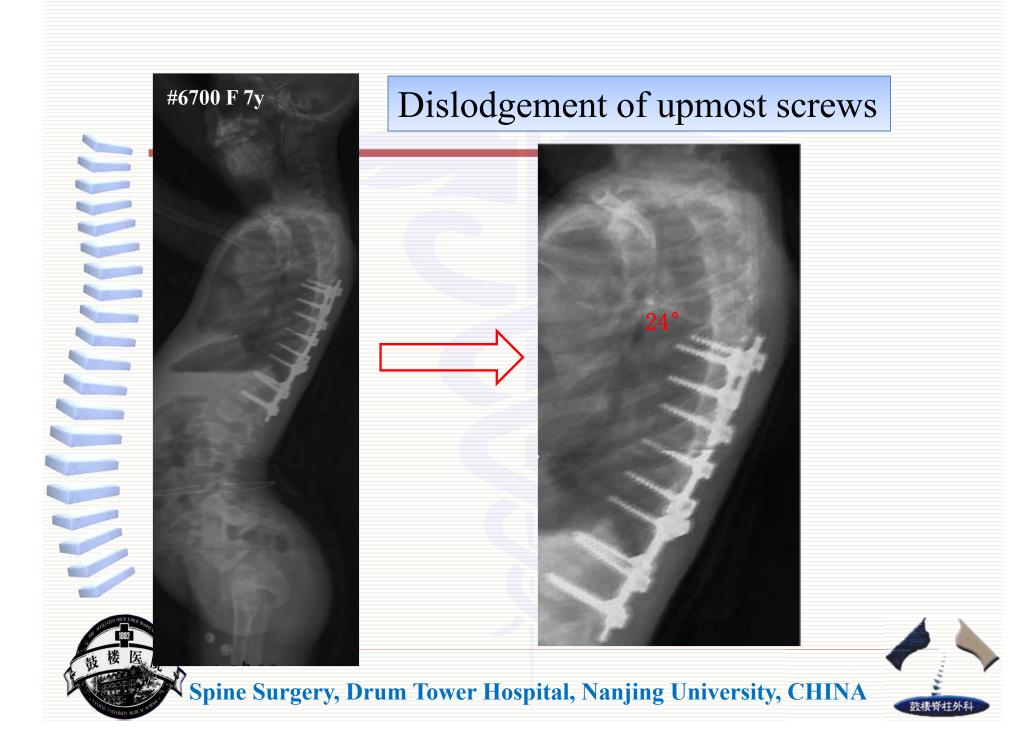
Bone implant interface failure

Bone failure









## No clinical symptoms

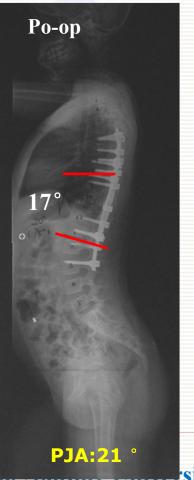


# Discussion

### Hyperkyphosis

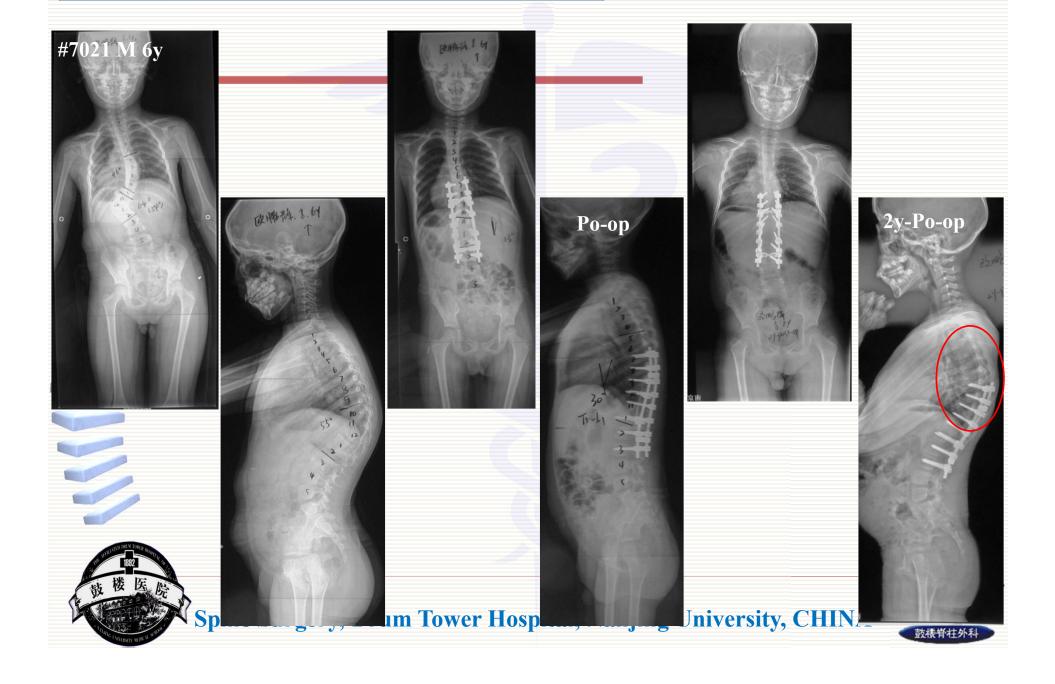




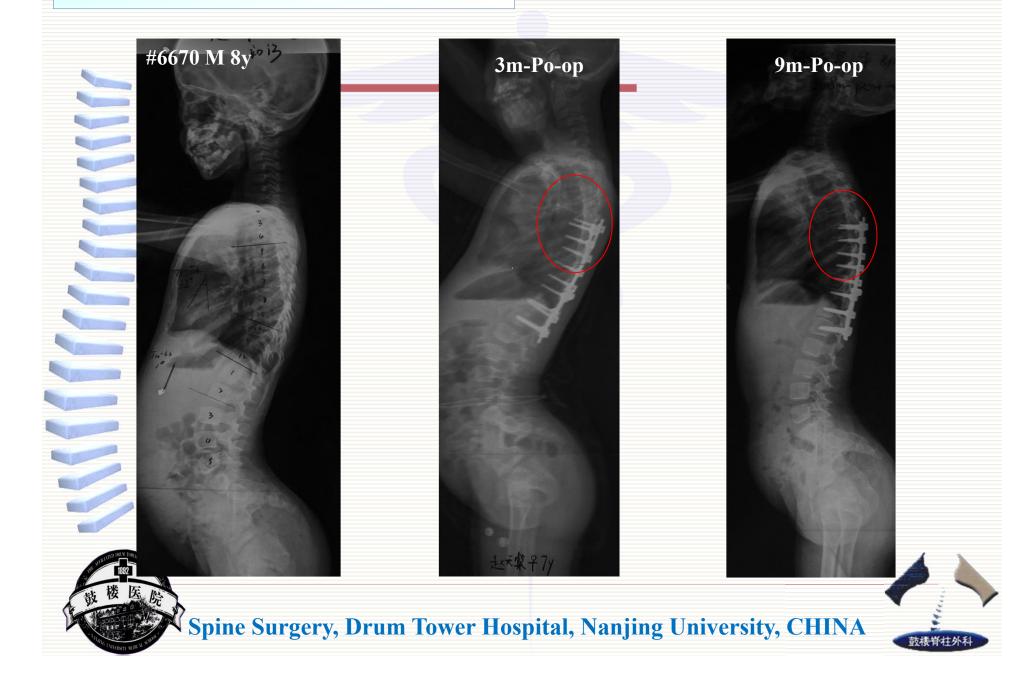




### **□** Proximal instrumentation failure

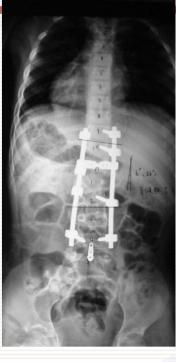


### ☐ Un-matching of rod contour



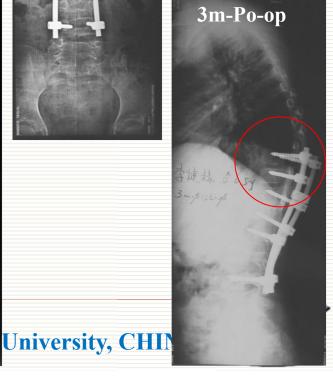
# Bracing for PJK



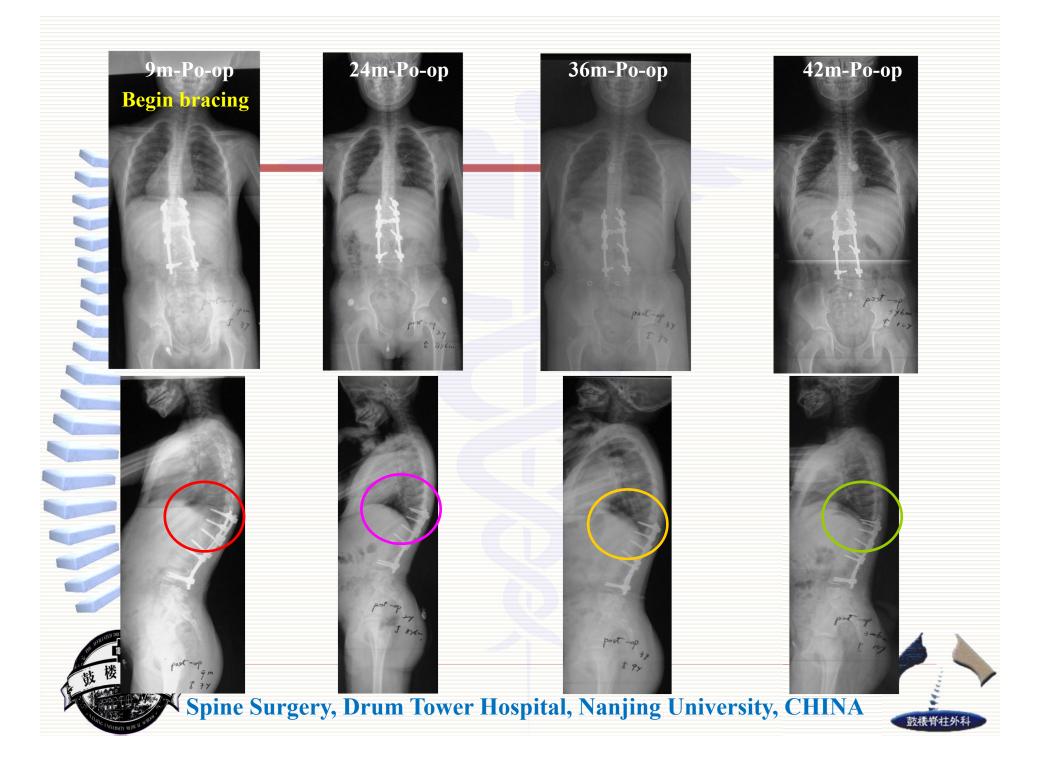








y, Drum Tower Hos



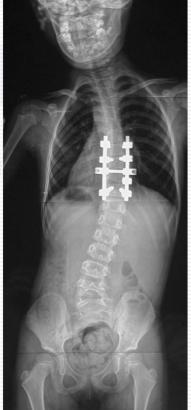
### Occurrence of DJK after Bracing



**Spin** 



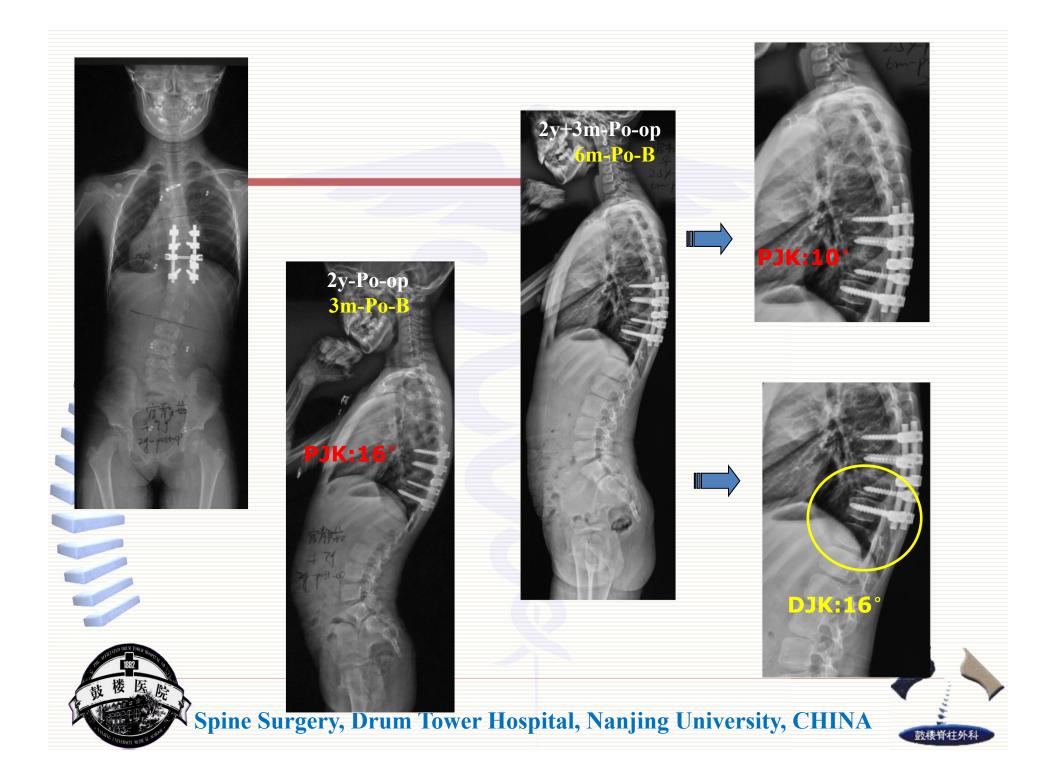






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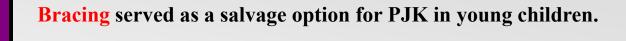
### Conclusion



Not a lower incidence of PJK in children with fusion surgery.



PJK mainly occurred within 6 months postoperatively, and its risk factors included preoperative hyperkyphosis, proximal instrumentation failure, and un-matching of rod contour.



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