# Short Fusion with Vertebrectomy for Congenital Spinal Deformity (CSD) During Growth:

### Is Early Surgical Intervention Recommended?

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# Short Fusion with Vertebrectomy for CSD with Short Involvement of Vertebral Anomalies

5 yo. 15 yo. 15 yo. 33 33 24 -69

- Greater growth of thoracic height
- 54%-73% curve correction
- Early intervention recommended

  Harms 2009

Early? Late ?



### **Purpose of This Study**

Early fusion

VS

Late fusion

To examine differences in postop, surgical outcomes between early- and late-fusion among patients with formation failure of CSD



### **Design and Participants**

- Retrospective cohort study
  - 8 Orthopaedic Institutes in Japan
- Inclusion criteria for participants
  - CSD with formation failure
  - Scoliosis >10 degrees
  - Surgery <18 years</li>
  - Short fusion with vertebrectomy ≤ 6
     (including osteotomized vertebrae)
  - Min. F/U 2 years (from 1991 to 2012)



## **Timing of Surgical Intervention**

Late Fusion **Early Fusion** ≤ 6 years 7 - 17 years N=96 N = 79



## **Primary Outcomes**

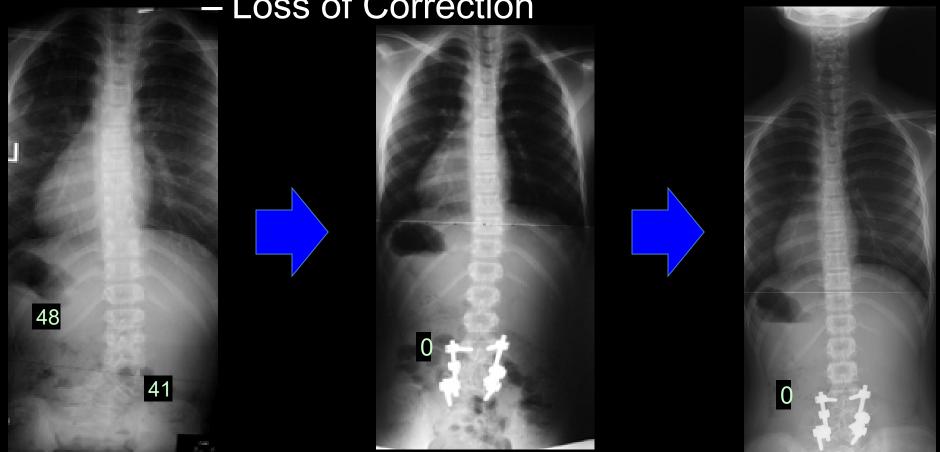
- Changes in Major Curve
  - Immediate correction

Correction at postop. 2 years

Preop. (10+0)

Loss of Correction

Postop. 2 years. (12+1)



### Complications & Reoperations

- Intraoperative complications
   (Rib fx. Screw pull-out, Dural tear, etc)
- Postop. complications
  - Short-term (≤ 3months)
     (device-related, neurological, pulmonary, skin, infection)
    - Major
    - Minor
  - Long-term (> 3months)(PJK, DJK, crankshaft)
- Unplanned Reoperations



### Other Variable of Interests

- Sex: Male, Female
- Number of level fused
  - ≤ 3 segments
  - > 3 segments
- Surgeon 's experience
  - ≤ 20 cases Inexperienced
  - > 20 cases Experienced

### **Statistical Analyses**

Changes in Major Curve

t tests and linear regressions Stratum-specific analyses Sex

Level of fusion

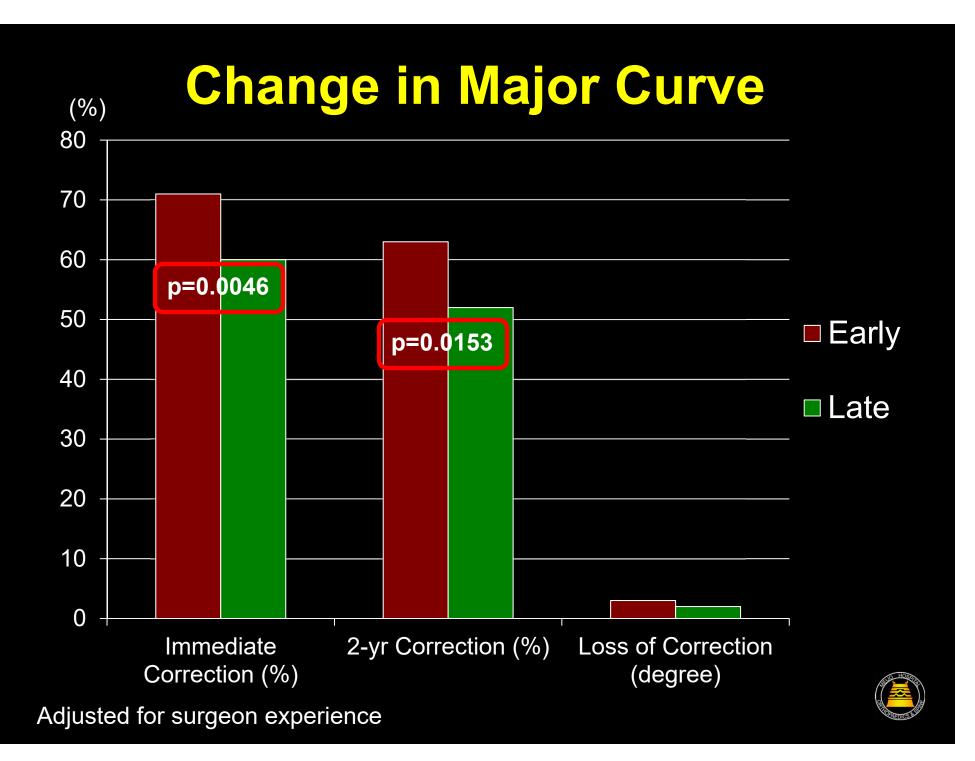
 Complications and Reoperations Descriptive analyses



# Results: Patient and Surgical Characteristics

175 patients with all data and 0% attrition

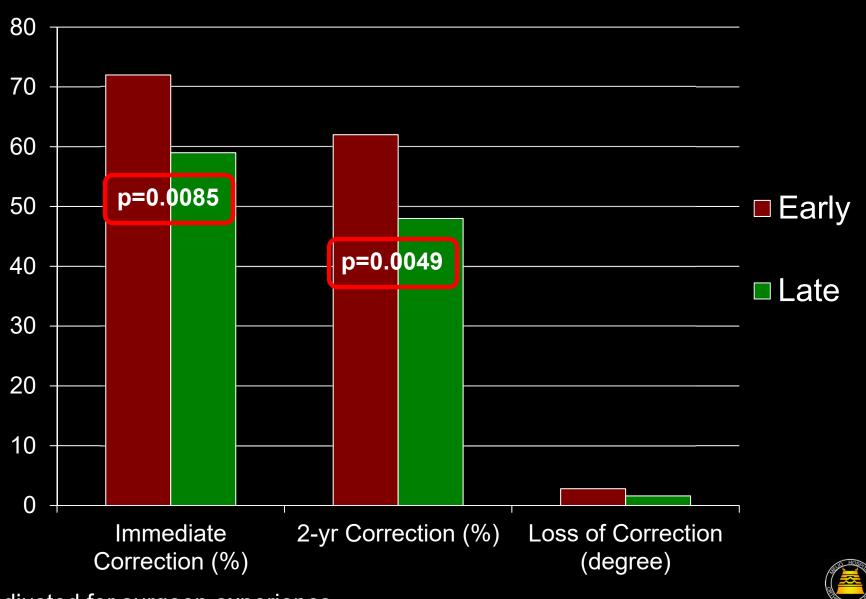
Variable	Timing of Fusion		p-value
	Early Fusion (N=79)	Late Fusion (N=96)	
Sex			
Male	36 (46%)	52 (54%)	0.2577
Female	43 (54%)	44 (46%)	
Number of Fused Segments			
3 segments	45 (57%)	50 (52%)	0.5191
4-6 segments	34 (43%)	46 (48%)	
Surgeon Experience			
Inexperienced	26 (33%)	57 (59%)	0.0005
Experienced	53 (67%)	39 (41%)	



# Change of Main Curve in Male



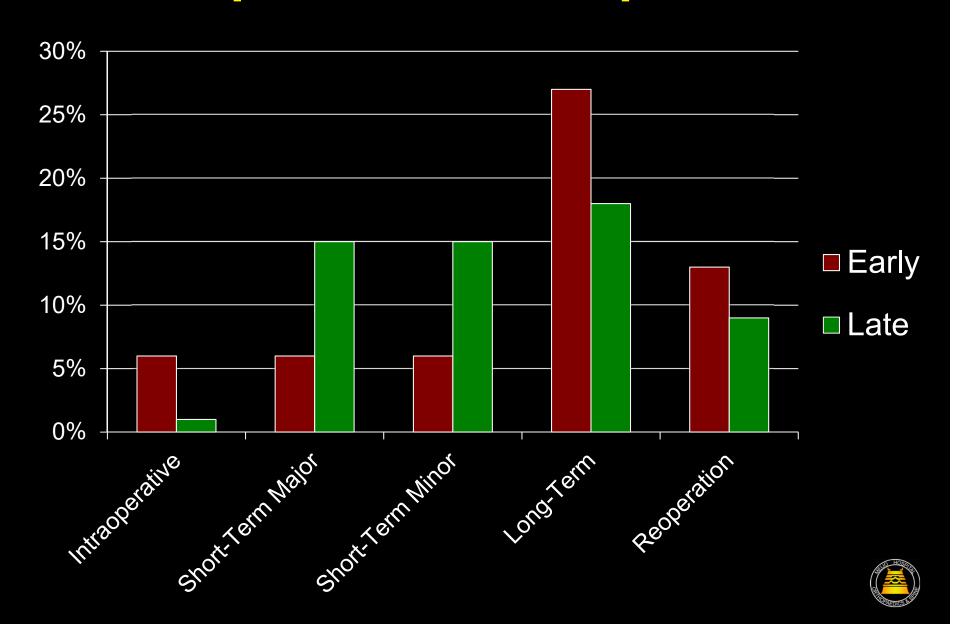
## Number of Level Fused: <u>≤3</u>



Adjusted for surgeon experience



## Complication & Reoperation



#### **Discussion**

Early fusion achieved significantly more major curve correction with shorter fusion compared to late fusion
 Late fusion



- More rigid curvature (esp. man)
- Secondary wedging on adj. vertebrae
- Possible increase in <u>risk of complications and</u> <u>reoperation</u> in early fusion.



### Limitation

- Multicenter study and different surgical strategy
- Inconsistent indication of reoperation
- Ambiguous definition of "experienced surgeon"
- Unmeasured confounders

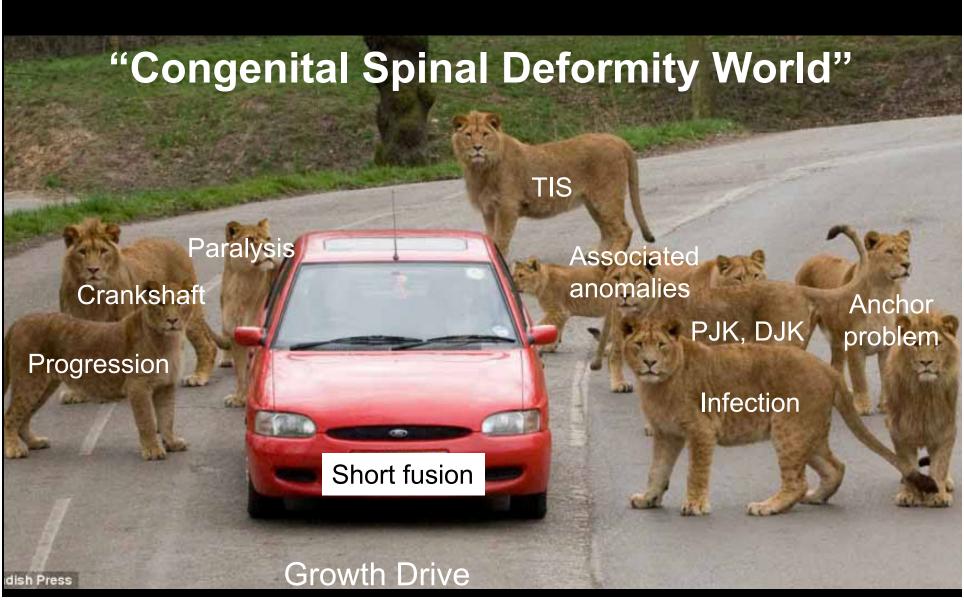
#### Conclusion

Early fusion for CSD with formation failure is recommended to achieve greater major curve correction with shorter fusion but needs special attention.



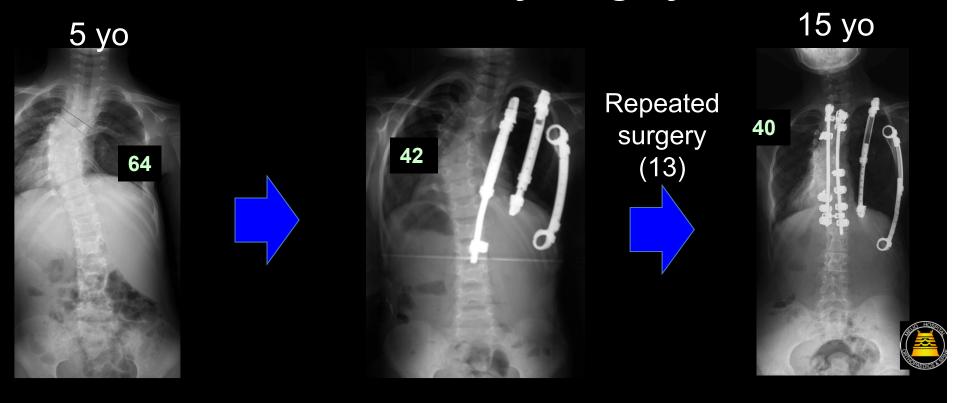


# Thank you for your attention.



### **Surgical Treatment of CSD**

**Growth-Friendly Surgery** 



☐ HRQoL deterioration, higher rate of complications due to repetitive surgeries