Biomechanical Simulation of the Immediate and Long Term 3D Correction of Anterior Vertebral Body Tethering in Pediatric Idiopathic scoliosis

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Pour l'amour des enfants

Disclosures

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PROBLEM STATEMENT

Anterior Vertebral Body Tethering



- Compressive loads on curve convexity
- Allows spine flexibility
- Surgical planning = mostly empirical
 - Nb instrumented levels
 - Tension in tether
 - Initial correction (due to lateral decubitus positioning vs. tether tightening)

Problems:

- ightarrow Progression/Over-correction of the curve
- \rightarrow Lack of control on 3D correction (sagittal plane and axial rotation)
- ightarrow Possible intervertebral disc degeneration for high compressive loads

OBJECTIVE

To develop a clinically useful planning tool based on a computational model (FEM) of pediatric scoliosis integrating growth, enabling to predict the short and long term 3D correction of various configurations of *Anterior Vertebral Body Tethering (AVBT)*



EXPERIMENTAL STUDY DESIGN

33 cases of patients instrumented with AVB Tether at our institution

Consecutively recruited over a 1 year period

Inclusion criteria

- Idiopathic scoliosis
- Progressive curves
- Cobb angle between 40° and 80°
- Age: 8-13 years
- Risser sign: 0-1





3D RECONSTRUCTION AND FEM



Bi-planar radiographs



3D Reconstruction



Stresses on growth plates Immediate post-op



3 years Growth



Osseo-ligamentous Finite Element Model

Vertebrae T1 to L5 Discs, Ligaments Rib cage Pelvis

Growth Modulation Model

 $G = G_m^* (1 - \beta^* (\sigma - \sigma_m))$

G_m = 1.1 cm/year (average) (Canavese & Dimiglio 2013)

 β = 1.7 Mpa⁻¹ (average) (Villemure 2009) ⁶



Tether installation

Immediate post-op

RESULTS - SIMULATION Case # 1 1 year f-u **Pre-operative Immediate Post-operative** simulation simulation **48° 33° 14°** 29 16 **29° 24° 13°** 18° 29 48° 🛋 48° 50 40 33°



RESULTS – 33 cases

Average difference b/w predicted (model) vs. actual post-op

□ Immediate post-op:

- MT and TL/L Cobb angles
- Kyphosis and lordosis angles
- Apical axial rotation

1 year follow-up:

- Cobb angles ± 4°
- Spinal growth (T1-L5 height) ± 3%
- Vertebral and discal wedging ± 3°



± 5°

± 5°

± 3°

Local forces on growth plates and intervertebral discs



Balance of loads applied on growth plates and intervertebral discs



Conclusion



Feasibility and clinical utility of the planning tool to reasonably predict the short and long term correction of various configurations of Anterior Vertebral Body Tethering

LIMITATIONS AND PERSPECTIVES

Limitations

- Rib cage growth not modeled
- Muscles not modeled

Perspectives

- On going study for validation by including every new tethered cases
- Personalized surgical planning method enabling to improve current techniques and eventually study other compression-based fusionless approaches





Thank you for your attention !



Pediatric Scoliosis with Remaining Growth Potential Fusionless Approaches

Principles (Tis 2012, El-Hawary 2013, Matsumoto 2013)

- Curve stabilisation during growth to delay/avoid vertebral fusion
- Based on Hueter-Volkmann law:
 - Growth modulation
 - Rebalance loads on growth plates



Anterior Vertebral Body Tethering (compression based fusionless approach)

(Lenke 2011, Crawford 2010, Skaggs 2014, Driscoll 2011)



- Bone screws + flexible cable
- Compressive loads on curve convexity
- Allows spine flexibility



- CA20 je suggère d'enlever cette diapo. Carl-Eric Aubin, 11/12/2015
- **CA21** à laplace, mettre un exemple de 2 tensions à la diapo précédente Carl-Eric Aubin, 11/12/2015

3D CORRECTION

Transverse Plane

Significant derotation for triangular vs. centered tethers for cases w/ initial axial rotation ≥ 15°

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CA23 si tu manques de temps, je retirerais cette diapo. Carl-Eric Aubin, 11/12/2015