Traditional Growing Rod Graduates of Different Etiologic Categories have Similar Clinical and Radiographic Outcomes

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Introduction

- Current literature has rarely compared outcomes of GR surgery between the various etiologic categories of EOS.
- This study aimed at comparing long-term results of TGR treatment between different etiologies of EOS.

Methods

- Retrospective
- Multicenter database query
- 202 patients
- Four etiological categories:

Congenital, Neuromuscular, Syndromic, and Idiopathic.

Results (demographics)

- Age: 6.7 ± 3.5 years
- Females: 125 Males: 77
- Follow up: 7.8 to 8.7 years
- BMI: 16.0 in Syndromic to 17.7 in Idiopathic
- Ambulatory Status:

Congenital 95%, Neuromuscular 30%, Syndromic 83%, Idiopathic 100% (*p*<0.001)

Results



Congenital 28
Neuromucular 65
Syndromic 57
Idiopathic 52

Results (Major Curve Magnitude)



Results (Major Curve % Correction)



Results (Global Kyphosis)

Mean global (maximum) kyphosis (°)



Results (T1-S1 Spine Height mm)



Results (T1-T12 Spine Height mm)



Results (Lenghtenings)



Results (Revision Surgeries)



Result (Complication Types)



Conlusion

- Major curve correction, maintenance of kyphosis, percentage truncal growth, incidence of deep infection, implant-related and neurological complications were all similar between the four C-EOS etiological groups.
- Medical complications were significantly lower among idiopathic EOS patients.

Conclusion

• The results provide clear evidence that TGR treatment is effective for all EOS categories.

THANK YOU

